UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Human Sciences

2425-1-I0101D007

Aims

The course aims to provide students with the theoretical knowledge concerning psychological, social and anthropological elements of nursing profession in order to help them to adequately perceive their professional role in a complex context of networks and relationship, in a storical-antropological perspective and understand psychological and social mechanisms of uman behaviour.

Contents

Topic of the Human Sciences course is to give students an overview of the anthropological, social and psychological aspects of health care professions.

Detailed program

CLINICAL PSYCHOLOGY - Psychology as a science of human behaviour, methodological aspects of psychological research, with specific attention to health care professions; main concepts of general and clinical psychology (structure of the mind, cognitive and dynamic processes, mental disorders, clinical relationship and psychotherapy) and the self-evaluation tools (anxiety, stress, burnout and quality of life tests), the psychological challenges of the nursing profession in relation to emergency services, primary care, intensive care and end-of-life care. The placebo effect in the care relationship and its implications. ANTHROPOLOGY - Medical anthropology, human health and disease; social processes and cultural representations of health, illness and related nursing/care practices; Disease, Illness and Sickness; narrative medicine: general principles; popular medicine and health anthropology in the developing countries. SOCIOLOGY - The course is an introduction to sociology: basic concepts and who is the ‘sociologist’; social research – basic tools; the concept of culture, values and cultural diversity; social organization, action, and power; interaction, groups, organizations; welfare systems and inequalities;

moreover, specific topics related to sociology of health and medicine will be deepened (social inequalities in terms of health; process of medicalisation of society; professionalisation in health systems; health cultures; social construction of pregnancy; health communication).

Prerequisites

Teaching form

In-person lectures, small group activities with final written report.

Textbook and teaching resource

CLINICAL PSYCHOLOGY: Antonio Loperfido, Barbara Muzzatti "Elementi di psicologia per le professioni di aiuto", Carocci, 2022; Fabrizio Benedetti “L'effetto placebo. Breve viaggio tra mente e corpo”, Carocci, 2018. SOCIOLOGY - Bagnasco A., Barbagli M., Cavalli A., 2013, Elementi di Sociologia, Il Mulino, Bologna; Bucchi M., Neresini F. (a cura di), 2001, Sociologia della salute, Carocci, Roma; Vicarelli G. (a cura di), 2013, Cura e Salute. Prospettive sociologiche, Carocci, Roma. ANTHROPOLOGY - Pizza G., Antropologia medica. Saperi, pratiche e politiche del corpo. Carocci ed.; Fainzang S., Farmaci e società. Il paziente, il medico e la ricetta. Franco Angeli ed.; Quaranta I. (a cura di) Antropologia medica. I testi fondamentali, Raffaello Cortina Ed.

Semester

1st Year, 2nd Semester

Assessment method

Written examination with multiple choice and open ended questions. The exam is unitary and every module contribute to the overall grade.

Office hours

All the teachers are available by appointment (online and in-person);
details on how to contact every professor are available on modules' page.
To contact the coordinatore of the integrated course:
by appointment: marco.bani1@unimib.it
online or in presence (Building U38, 5° floor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES