



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Fondamenti di Scienze Infermieristiche ed Ostetriche

2425-1-I0101D901

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#### Aims

The student will learn:

- the cognitive elements relating to the historical, professional and scientific path of nursing in order to lay the foundations for the definition of professional identity.
- the main regulatory references relating to the practice of the nursing profession
- the transition from nursing to science
- the nursing care process: characteristics and phases
- the first phase of the process: the initial nursing assessment
- the main regulatory references that regulate the Italian National Health Service
- the basic concepts relating to professional responsibility
- the role and functions of support staff
- the cognitive elements relating to the historical, professional and disciplinary path of Midwifery..

#### Contents

Cognitive elements relating to the historical, professional and scientific path of nursing.

Main regulatory references relating to the practice of the nursing profession.

Nursing as a science.

The nursing process.

The initial nursing assessment.

The Italian National Health Service.

Professional responsibility.

Role and functions of support staff.

Historical, professional and disciplinary path of Midwifery.

## Detailed program

### General Nursing

- Brief notes on the welfare dimension in ancient civilizations
- The importance of Monasticism in the development of assistance
- The role of care reformers
- The birth of nursing in England: the figure of Florence Nightingale
- The contribution of Anna Celli
- Nursing care in Italy between the 19th and 20th centuries
- The birth and establishment of the first schools
- Associationism (historical notes)
- The affirmation of the Nursing Profession
- The establishment of the IPASVI - OPI colleges

### General obstetrics

History of Obstetrics. Definition of Internal History and External History. Definition of Historical Eras. Philology and original primary and secondary/derivative historical sources.

The history of the obstetric profession: Midwife - Obstetrics: Conducted Midwife, Master Midwife, Obstetrician.

History of the object of study: a new category of patients; the unborn; the "Wheel of Saint Catherine"; hospitalization, plagues. The history of methods/methods: Semmelweis, the scientific and technological turning point, the "extraordinary birth" and the medicalized birth (caesarean section).

### Introductory theoretical elements

Sociological development of the nursing profession

- Main rules relating to the practice of the nursing profession
    - Ministerial Decree 14 September 1994, n.739 "Regulation concerning the identification of the figure and the related professional profile of the nurse"
    - L. 26 February 1999, n. 42 "Provisions regarding health professions"
    - Law 10 August 2001, n.251 "Discipline of the nursing, technical, rehabilitation, prevention and midwifery health professions"
      - Nursing as scientific knowledge
      - Evidence informed decision making (EIDM)
      - The evolution of nursing knowledge in Italy
      - The main concepts of Nursing
- Health/illness  
Man  
Environment  
Fundamentals of care  
Self-care
- #### Introduction to clinical methodology
- The main characteristics of the method
  - The phases of the nursing care process
  - The first phase of the nursing care process: nursing assessment
- Types (initial, continuous, emergency...)  
Methods and tools: observation, interview, physical examination  
The interview and the interview: phases and characteristics

### Professional Regulations

- The meaning of organization: definition and purpose; (Nods)
- The National Health Service (SSN) and Regional (SSR): main regulatory references:
- L. 23 December 1978, n. 833 "Establishment of the National Health Service": principles and objectives.
- Legislative Decree 30 December 1992, n. 502 "Reorganization of healthcare regulations, pursuant to article 1 of the
- law 23 October 1999, n. 421 and subsequent amendments; Legislative Decree n.517/1993 - Legislative Decree

n.229/1999;

- L.R 11 July 1997, n. 31 "Regulations for the reorganization of the Regional Health Service"
- LR.. 11 August 2015 n. 23 "Evolution of the Lombardy socio-health system: amendments to Title I and Title II of the regional law 30 December 2009, n. 33"
- Ministerial Decree 23 May 2022, n. 77 "Regulation on the definition of models and standards for the development of territorial assistance in the National Health Service"
- Professional responsibility
- The exercise of the profession and the areas of nursing responsibility and autonomy
- Criminal, civil, administrative and ethical responsibility
- Law 8 March 2017, n. 24 "Provisions regarding the safety of care and of the assisted person, as well as regarding the professional responsibility of those practicing healthcare professions" (outline)
- The social health worker (OSS):
- State-Regions Conference of 22 February 2001 "Agreement between the Ministry of Health, the Ministry of Social Solidarity and the Regions and the autonomous Provinces of Trento and Bolzano, for the identification of the figure and the related professional profile of the Social and Health Operator for the definition of the educational organization of training courses"
- Specialist training: notes

## Prerequisites

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## Teaching form

Lectures are delivered in face - to - face mode with the possibility of videos, discussion, group or individual work

## Textbook and teaching resource

### Sede di Lecco, Monza, Sondrio

- Ausili D, Baccin G, Bezze S, Bompan A, Macchi B, Alberio M, Sironi C, Di Mauro S (2018) Il Modello assistenziale dei processi umani 2018: un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Milano: CNAI.  
Link per il reperimento della terminologia ICNP® Disponibile da: <https://www.icn.ch/what-we-do/projects/ehealth/icnp-browser>

### Sede di Bergamo

- HENDERSON Virginia, Principi fondamentali dell'assistenza infermieristica, a cura del Comitato per i Servizi infermieristici del Consiglio Internazionale delle infermiere, Consociazione Nazionale Infermiere/i e altri operatori Sanitario Sociali (IV ed. 2003)
- Herdman H., Kamitsuru S., Lopes C.T. (2021 (a cura di) NANDA – I Diagnosi Infermieristiche – Definizioni e classificazione 2021-2023. Milano: CEA

## **Semester**

1° Year - 1° semester

## **Assessment method**

Oral examination on the topics of the programme and the core bibliography.

The dates will be communicated at the beginning of the Academic Year through the "Exams Calendar". Changes will be possible depending on the number of students enrolled

There are no itinere tests.

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | PARTNERSHIPS FOR THE GOALS

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