



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Introduzione al Tirocinio 1

2425-1-I0101D902-I0101D906M

Aims

In preparation for the clinical internship, the student must learn and use the concepts of nursing and deontological principles, in the care situations provided by the educational project and, consequently, to act in relation to the responsibilities required by the training level; to recognize and respect the role and competences of the members of the welfare team, establishing relationships, participating in activities and making constructive contributions

Contents

During the internship will be tested, within the social and health structures, the contents presented within the courses of the year with particular reference to the conceptual model in use in the individual sections of the course. Among the aims of the clinical internship is to learn and develop PROFESSIONAL SKILLS divided into six areas: Culture, ethics and values; Health promotion and prevention, guidance and education; Decision making; Communication and teamwork; Research, development and leadership; Nursing.

Detailed program

In preparation for the internship the student will deepen the following contents:

- Structural analysis of a research article
- Exercises measuring vital signs
- Exercise on hygienic care at the bed of the dependent person
- Exercises on mobilization and manual and aid transfer techniques
- Evaluation of pressure injuries
- Pediatric patient nursing
- Nursing care for cancer patients

Prerequisites

Defined by the regulations of the Degree Programme.

Teaching form

The teaching method develops reaching 1 CFU for a total of 25 hours, divided as follows:

- 5 lessons from 1 hour in front of the course;
- 10 lessons of 2 hours of laboratory activities and exercises, carried out in interactive mode in presence;

Textbook and teaching resource

Ausili D., Baccin G., Bezze S., Bompan A., Macchi B, Alberio M., Sironi C., Di Mauro S. (2018) The Model of Human Processes (2018): a theoretical framework for nursing care in the face of the challenge of complexity. CNAI Publication - Accredited Italian Centre for ICNP Research and Development™

Craven R.F., Hirnle C.J., Jensen S. (2024) Basic principles of nursing, V ed., CEA, Milan;

Herdman TH, Kamitsuru S, Takáo Lopes C (2024) Nanda International. Nursing Diagnosis-Definitions and Classification 2024-2026. Milan: CEA. [in print]

Sironi C. (2010) Introduction to nursing research - The theoretical foundations and the basic elements to understand it in Italian reality

Smeltzer S.C., Bare B., Hinkle J.L., Cheever K.H. (2017) Brunner - Suddarth Infermieristica Medico-Chirurgica, CEA, Milano;

Semester

1 st year, 2 nd Semester

Assessment method

Attendance at lectures and workshops

Office hours

By appointment with the relevant teachers of the Teachings

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY
