UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Multidisciplinary Approach: Complexity Medicine and Palliative Care

2425-2-I0101D146

Aims

• Provide the student with the skills to address the issues of biopsychosocial complexity and palliative care in clinical practice
• Identify and illustrate the multidimensionality and complexity of health needs according to the three typical disease trajectories: cancer, organ failure and fragility-dementia
• Promote the management and management of care and care of the patient and his family through multi-professional teams within the structures of the Local Network of Palliative Care
• Illustrate the psychological, social, spiritual dimensions and ethical and medical legal implications of palliative care.

Contents

Advanced economy societies are undergoing changes affecting demographic, epidemiological, social and economic aspects. Among the most significant effects is the progressive ageing of the population. An increase in life expectancy is not always accompanied by a satisfactory quality of life. Palliative care is the most appropriate approach to pain relief and symptom control in individuals with chronic illnesses, disabilities, cognitive deficits and individual suffering. The course aims to provide multidisciplinary skills, teaching to identify fragile and complex patients, to recognize and manage palliative care needs, providing information on epidemiological data of the ageing population and on pathology-independent prognostic tools. The course provides future health professionals with knowledge on how to work in a team, how to communicate and how to involve family members.

Detailed program

• Recognize the physical, psychological, social, existential and spiritual needs of the patient and the family, as well as possible pathological frameworks related to the end-of-life condition and related symptoms
• Identify factors that promote empathic and personalized communication with the patient and/or his family
• Recognize the different emotional attitudes and responses to incurable illness, death, death, mourning
• Identifying factors that favour team work

Prerequisites

Enrolling in the 2nd-3rd year of the Bachelor's Degree in Nursing
Enrolling in the Master's Degree in Nursing and Midwifery Sciences

Teaching form

Face-to-face teaching – frontal lectures; group works; guided discussions.

Textbook and teaching resource

• Cure Psicosociali in medicina palliativa, a cura di L. Grassi, POLETTO EDITORE 2022, 256 pagine.
• Fondamenti di Medicina Palliativa, C. Chelazzi, R. De Gaudio, I. Iannini, G. VILLA, IDELSON-GNOCCHI 2023, 206 pagine.
• Il mondo delle cure palliative. Manuale per giovani medici. A. Turriziani, G. Zaninetta, ESCULAPIO 2020, 528 pagine.
• Libro Italiano di medicina e cure palliative, A. Caraceni, O. Corli, M. Costantini, Grassi, M. Maltoni, G. Miccinesi, P. Morino, C. Peruselli, G. Scaccabarozzi, V. Zagonel, G. Zaninetta, F. Zucco POLETTO EDITORE 2019, 732 pagine.

Semester

Second semester

Assessment method

Frequency

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION