



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Childbirth Psychology

2425-3-I0102D904-I0102D914M-T1-T5

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#### Aims

Provide the knowledge and skills to implement accompanying arrangements for women and families appropriate to high-risk conditions.

#### Contents

The different dimensions of parenting in the face of pathological pregnancy and the high-risk infant, with a focus on affective codes.

#### Detailed program

Motherhood and fatherhood in the face of pathological birth.  
The narcissistic wound and the encounter with the real child.  
The relationship with the premature or pathological child.  
Family support in high risk conditions.  
Bereavement: parents and midwives facing bereavement  
The Baby-blues.  
Maternal pathology: postpartum depression, neurosis  
Post Traumatic Stress Disorder psychosis.  
Psychological dynamics related to multiple birth and infertility.  
Hints of psychosomatics.

## **Prerequisites**

None.

## **Teaching form**

Lectures conducted in-person with alternating deliverable and interactive teaching that includes brainstorming and group work with teacher supervision.

## **Textbook and teaching resource**

- PAIRMAN S., PINCOMBE J., THOROGOOD C., TRACY S. Midwifery. Preparation for practice, Churchill Livingstone - Elsevier, Marrikkville, 2023, 5°ed, e-book.
- BRAZELTON T. BERRY, Il bambino da 0 a 3 anni, Rizzoli, 9° ed, 2011.
- MIELI. Il bambino non è un elettrodomestico. Feltrinelli, 2011
- TRACY HOGG. Il linguaggio segreto del bambino. Mondadori, 2012

## **Semester**

I semester.

## **Assessment method**

During the course, guidance will be provided on the writing of a clinical case paper, which must be sent to the lecturer at least 5 days before the examination date.

The oral examination includes both discussion of the paper and verification of preparation on the entire course programme.

More information on assessment will be provided during the lectures.

## **Office hours**

On appointment.

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES

