UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Midwifery: Innovative and Evolving Areas

2425-2-I0102D913

Aims

Develop knowledge and skills related to emerging and/or progressively changing areas of midwifery.

Contents

The Role of the Midwife in the Care of the Pelvic Floor: tools for care and counselling

Detailed program

- Anatomy and functions of the pelvic floor
- Modifications in pregnancy and labour-partum
- Lifestyles and counselling in pregnancy
- Use of the Perineal Card in puerperium
- Vulvodynia: diagnosis, treatment and cure
- Proprioception and body awareness

Prerequisites

None

Teaching form

Lectures and interactive lessons with exercises aimed the acquisition of pelvic floor awareness

Textbook and teaching resource

The materials used during the course will be provided directly by the lecturer, together with hints for further study

Semester

I and II semester

Assessment method

Attendance

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING