UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Emotional and Sexual Education

2425-2-I0102D128

Aims

The goal of emotional and sexual education is to increase the student knowledge about the emotional development and sexual behavior. The primary aim of the course is to increase the attitude about sexual matters and to stimulate an active role on the decision making process on sexual choise. Also will be improved the communication and other personal skills aimed to increase the level of comfort to discuss of sexual education

Contents

At the end of the course the students will know the factors affected the emotional and sexual development. The course will be focused on the importance of female gender health.

Detailed program

.The concept of affectivity and sexuality

2.What is the emotional and social intelligence?

3.The emotional factors affecting the sexual behavior

4.Emotional and phisiological factors affecting fertility

5.The communication skills in the the sexual education

Prerequisites

none

Teaching form

Lectures, discussion and exercises

Textbook and teaching resource

Dario Ianes, Educare all’affettività, Erickson 2007

Semester

1-2 semester

Assessment method

attendance

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY