UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Normalità della Nascita

2425-2-I0102D010

Aims

At the end of the course the student:

- will understand the physiology of the pregnancy, of the post natal period and of the breastfeeding
- will be able to plan an evidence based midwifery care to the mother with normal pregnancy/birth and to her newborn
- will understand the changes associated to the normal pregnancy and birth and will be able to verify the maternal and fetal well-being during labour
- will be able to describe the physiological changes during the postnatal period and during breastfeeding according to the UNICEF's "Baby Friendly Initiative in University" and will be able to recognise the characteristics and physiology of the healthy newborn.

Contents

The course provides the students the essential elements to understand the physiology of the pregnancy, of the birth and of the post-natal period and provides the elements to plan an evidence based midwifery care. The course provides to the students the essential elements to understand the physiology about the Neonatal adaptation after birth.

Detailed program

The extended programme can be found in the Syllabus of the individual modules that make up the course.

Prerequisites

None

Teaching form

The course will be introduced by an interactive in-person lecture, during which the content and teaching methods of the modules will be explained, as well as a preparatory didactic activity to be carried out independently. This activity involves self-study of teaching materials and completion of self-assessment tests, both of which will be made available on the e-learning page.

Textbook and teaching resource

The bibliography can be consulted in the Syllabus of the individual modules that make up the course, and the teaching materials (slides, articles, work tracks, scientific papers) will be uploaded on the e-learning page dedicated to the individual modules.

Semester

I semester

Assessment method

The final exam is intended to assess the acquisition of knowledge and understanding of the program content, testing the ability to apply it with clinical reasoning and care planning.
The use of correct terminology and appropriate disciplinary language will also be considered for evaluation.
For further details, please refer to what is specified in the individual Unit Syllabi and the directions that will be given during lessons.

In view of the consistency and complexity of the program, there will be a first in itinere test on the content covered in the Pregnancy and Childbirth Teaching Units and a second on the content of the Puerperium and Newborn Teaching Units. The final exam will lead to an overall evaluation of the teaching taking into account the two in itinere tests.

The two in itinere tests are organized as follows:

Ongoing test 1 (Pregnancy and Childbirth).
It consists of a written test followed by an interview.
The written exam consists of closed-ended (true/false, matching, multiple-choice quizzes) and short open-ended questions on the content covered in the Didactic Unit of Childbirth
The oral examination involves the discussion of the written and an interview on the topics covered in the Pregnancy and Childbirth Didactic Units.

Ongoing test 2 (Puerperium and Newborn)
It consists of a written test followed by an interview.
The written exam consists of closed-ended (true/false, matching, multiple-choice quizzes) and short open-ended questions on the content covered in both Didactic Units
The oral examination involves the discussion of the written and an interview on the topics covered in class in both Didactic Units.

Final Examination
Will consist of an interview on the two ongoing tests with possible further discussion.

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY