

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

## Normalità della Nascita

2425-2-I0102D010

#### **Aims**

At the end of the course the student:

- · will understand the physiology of the pregnancy, of the post natal period and of the breastfeeding
- will be able to plan an evidence based midwifery care to the mother with normal pregnancy/birth and to her newborn
- will understand the changes associated to the normal pregnancy and birth and will be able to verify the maternal and fetal well-being during labour
- will be able to describe the physiological changes during the postnatal period and during breastfeeding according to the UNICEF's "Baby Friendly Initiative in University" and will be able to recognise the characteristics and physiology of the healthy newborn.

#### **Contents**

The course provides the students the essential elements to understand the physiology of the pregnancy, of the birth and of the post-natal period and provides the elements to plan an evidence based midwifery care. The course provides to the students the essential elements to understand the physiology about the Neonatal adaptation after birth.

#### **Detailed program**

The extended programme can be found in the Syllabus of the individual modules that make up the course.

## **Prerequisites**

None

## **Teaching form**

The course will be introduced by an interactive in-person lecture, during which the content and teaching methods of the modules will be explained, as well as a preparatory didactic activity to be carried out independently. This activity involves self-study of teaching materials and completion of self-assessment tests, both of which will be made available on the e-learning page.

# Textbook and teaching resource

The bibliography can be consulted in the Syllabus of the individual modules that make up the course, and the teaching materials (slides, articles, work tracks, scientific papers) will be uploaded on the e-learning page dedicated to the individual modules.

#### Semester

I semester

#### Assessment method

The detailed method of profit assessment and evaluation can be found in the Syllabus of the individual modules that make up the course.

### Office hours

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING