



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Training in Antenatal Education

2425-2-I0102D119-T1-T5

Aims

At the end of the course the student will know the relational dynamics developed within the peer group. At the end of the course the students will understand the main strategies to stimulate the discussion and the growth in the group participants. The active training methodologies will be addressed. The techniques for body activities during pregnancy will be addressed

Contents

The course provides the student the fundamentals to conduct antenatal classes

Detailed program

The relational dynamics into the group. How to stimulate the discussion into the group. How to stimulate the group development. The active training methodologies. The techniques for body activities during pregnancy

Prerequisites

none

Teaching form

Lectures and interactive lessons with practice exercises and group work.

Textbook and teaching resource

S.Pairman, S. K. Tracy, H. Dahlen, L. Dixon, P. Peart, B. Pulis, Midwifery Preparation for Practice, Elsevier Health Sciences, 2023, 5nd edition.

Semester

1-2 semester

Assessment method

attendance

Office hours

on appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES
