

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

## **Rehabilitative Approach in Oncology**

2425-3-I0201D149-I0201D234M

## **Aims**

Acquire knowledge related to oncological pathologies in the rehabilitation field

- Acquire skills in the management of rehabilitation of the person affected by oncological pathology

## **Contents**

- Epidemiological context of cancer, types and cancer therapies
- Taking charge of the person affected by oncological pathology: a multidisciplinary approach
- Rehabilitation intervention in oncology: The role of the physiotherapist

## **Detailed program**

- -Epidemiology of cancer
- -Cancer therapies and side effects
- -Types of cancer
- -Multidisciplinary care of the person with cancer
- -Rehabilitation pathways in the disability of people with cancer (Focus in particular on Rehabilitation in breast

cancer, - Rehabilitation of cancer patients with osteoporosis, - Rehabilitation of cancer patients with fatigue)

- -Clinical and rehabilitative management of pain in cancer patients
- -Palliative care and rehabilitation in the terminal phase of the disease
- -Evaluation scales and indicators in the rehabilitation of cancer patients
- -Lifestyle and psychological aspects in the person with cancer

## **Prerequisites**

## **Teaching form**

Lessons in attendance Clinical case discussion, small group work, ARS (wooclap and kahoot)

## Textbook and teaching resource

-Schieroni M.P., "La riabilitazione in oncologia. La presa in carico multidisciplinare e i percorsi riabilitativi diagnostico-terapeutici dei pazienti affetti da tumore", Ivrea (TO), Edizioni medico-scientifiche s.r.l, 2017

#### Semester

#### **Assessment method**

Described in the subject's syllabus

## Office hours

by appointment valentina.conti@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY