

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Sviluppo delle Funzioni Associative

2425-3-I0201D145-I0201D229M

Aims

Provide basic concepts of psychology, relationships, and trauma.

• Understand the morphological, biochemical, physiological, and social factors that contribute to determining individuals' health status, also from a gender perspective, in the face of the body's betrayal inherent in illness.

Contents

trauma, empathy, effective communication, stress

Detailed program

Verbal and non-verbal communication and the time spent with patients, how to create empathy, knowing how to listen, and thereby better understanding the needs of the sick. How to prevent delicate situations, manage and enhance stress. Acquire familiarity with the most common tools that make communication effective (active listening, questioning technique, awareness of non-verbal language, tones of voice, tension and conflict management). Post-traumatic stress disorder.

Prerequisites

basal skills of psychology

Teaching form