UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Geriatric Rehabilitation

2425-3-I0201D146-I0201D158M

Aims

Conduct the student to an observation and assessment of the fragile patient and the elder that overcome the limit of the chronic, for the planning of a maintenance, reactivation and / or rehabilitation intervention.
Know the characteristics of the elderly to make them promoters of self-sufficiency and autonomy.

Contents

Fragility
Geriatric assesment
Evaluation scales
the P.A.I.
Prevention Reactivation Rehabilitation
The Home-Based Physiotherapist
The Community Physiotherapist
Group Motor Activities. Adapted Physical Activity. AFA

Detailed program

Gerontology and Geriatric Geriatric rehabilitative medicine. Multiple pathology and multidimensional assessment UVG and service network Geriatric assessment and assessment scales Autonomy and self sufficiency Dementia The rehabilitative treatment: characteristics, objectives, limits Reactivation Motor rehabilitation Cognitive rehabilitation Social animation Teamwork Home treatment and clinic treatment

Prerequisites

Knowledge of rehabilitation of major orthopedic and neurological diseases.

Teaching form

1 lesson of 3 hours of Lectureships that is conducted as didactic delivery.
2 Exercises of 6 hours taking place as interactive teaching with special supports for interactive teaching (e.g., Wooclap), and presentation/discussion of clinical cases.
1 Laboratory activity of 3 hours that is conducted as interactive in-presence teaching.

Lessons in attendance, clinical case discussion, small group work, subject to any changes following the pandemic.

Textbook and teaching resource

ASSISTENZA E RIABILITAZIONE GERIATRICA di Marco Trabucchi, G.Casale O. Bonaccorso, A.Guaita ed. FRANCOANGELI / Sanità**

ASSISTENZA GERIATRICA OGGI di F.Cavazzuti, G.Cremonini -Casa editrice Ambrosiana

MUOVERSI PER NON SUBIRE IL TEMPO di Francesconi K e Gandini G. EDI-ERMES

Semester

2nd semester

Assessment method

described in teaching sy

Office hours

By appointment
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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY