



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Geriatric Rehabilitation

2425-3-I0201D146-I0201D158M

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#### Aims

Conduct the student to an observation and assessment of the fragile patient and the elder that overcome the limit of the chronic, for the planning of a maintenance, reactivation and / or rehabilitation intervention.  
Know the characteristics of the elderly to make them promoters of self-sufficiency and autonomy.

#### Contents

Fragility  
Geriatric assesment  
Evaluation scales  
the P.A.I.  
Prevention Reactivation Rehabilitation  
The Home-Based Physiotherapist  
The Community Physiotherapist  
Group Motor Activities. Adapted Physical Activity. AFA

#### Detailed program

Gerontology and Geriatric Geriatric rehabilitative medicine. Multiple pathology and multidimensional assessment UVG and service network Geriatric assessment and assessment scales Autonomy and self sufficiency Dementia The rehabilitative treatment: characteristics, objectives, limits Reactivation Motor rehabilitation Cognitive rehabilitation Social animation Teamwork Home treatment and clinic treatment

## **Prerequisites**

Knowledge of rehabilitation of major orthopedic and neurological diseases.

## **Teaching form**

1 lesson of 3 hours of Lectureships that is conducted as didactic delivery.

2 Exercises of 6 hours taking place as interactive teaching with special supports for interactive teaching (e.g., Woodlap), and presentation/discussion of clinical cases.

1 Laboratory activity of 3 hours that is conducted as interactive in-presence teaching.

Lessons in attendance, clinical case discussion, small group work, subject to any changes following the pandemic.

## **Textbook and teaching resource**

ASSISTENZA E RIABILITAZIONE GERIATRICA di Marco Trabucchi, G.Casale O. Bonaccorso, A.Guaita ed. FRANCOANGELI / Sanità\*\*

ASSISTENZA GERIATRICA OGGI di F.Cavazzuti, G.Cremonini -Casa editrice Ambrosiana

MUOVERSI PER NON SUBIRE IL TEMPO di Francesconi K e Gandini G. EDI-ERMES

## **Semester**

2nd semester

## **Assessment method**

described in teaching sy

## **Office hours**

By appointment  
antonella.martinelli@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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