UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Riabilitazione Domiciliare, Ospedale e Territorio

2425-3-I0201D146-I0201D231M

Aims

- Know and applying rules according to recent law
- Know the different types of home rehabilitation care pathways
- Know how to recommend suitable aids and know how to evaluate a home for the removal of architectural barriers
- Know the importance of user and caregiver training regarding personal and instrumental autonomy
- Be able to recommend the suitable route based on the problems reported

Contents

- Laws
- Taking charge of the practice
- Taking charge of the client at home
- Different types of home care programs
- Study of the internal and external setting (environmental changes and aids)
- Any post-home care courses
- Analysis of clinica case in group work with exposure to real plenary sessions

Detailed program

- Laws (history of the main legislative decrees about payments)

- Differences between the main rehabilitation paths

- Home Rehabilitation: who prescribes and who communicates

- Multidisciplinary or specialist assessment at home (clinical interview, Care Giver, assessment, internal and external home assessment, evaluation of any aids and environmental changes)

- Specific skills in the treatment

- Transform your home into a working setting

- Knowing how to perform ADL and IADL autonomy training

- Knowing how to carry out caregiver training

- Carry out a correct study of the aids (what can be prescribed and any procedures for the prescription)

- Know any paths after home physiotherapy

- Reasoning on clinical cases with group work

Prerequisites

- Protocolli of the main ortopedici and neurologica pathologies

- Aids and orthoses

Teaching form

Lessons in attendance
Audience response system (mentimeter, wooclap), clinical case discussion in small groups and subsequent discussion in the plenary.

Textbook and teaching resource

Slides and handout

Semester

2nd semester

Assessment method

Described in the subject’s syllabus

Office hours

by appointment
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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY