

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

# **Rehabilitation Program in The Neuromotor Field**

2425-3-I0201D143-I0201D222M

#### **Aims**

Acquire more tools to generate the necessary questions and identify the consequent objectives to plan a rehabilitation program, sensitive to complex needs in physiotherapy rehabilitation, of subjects with CNS lesions-dysfunctions

#### **Contents**

Presentation of syndromes and specific rehabilitation approaches that require in-depth analysis, with particular attention to the functional recovery of the upper limb. Guide to a critical examination of the presentation of some physiotherapy intervention protocols and approaches

### **Detailed program**

• Recovery of motor skills of the upper limb in stroke outcomes: principles of sensorimotor guidance for the recovery of the reaching and grasping function compared to some conceptual models:

According to principles *Task Oriented Training* (Constraint Induced Movement Therapy). Concepts of lerned not use, TOT and Shaping.

Criteria for inclusion and administration in CIMT protocols, their variability and strengths,

#### Second Bobath concept

Planning to obtain posture and functional pre-patter necessary for programming the reaching gesture even with a non-functional hand.

Controversive Pushing Syndrome     Pathology of postural control in stroke outcomes: what priorities
Prerequisites
Assimilation of knowledge that the CdL offers, including internship skills.
Teaching form
Frontal teaching activity.  Interactive teaching moments with presentation of simple clinical questions and short group research reports.
Textbook and teaching resource
Films and slides selected by the teacher, Selection of scientific articles presented to support the topics of the lessons
Semester
First semester
Assessment method
Test: multiple choice, open-ended questions. Weighted number of questions compared to those of the other integrated teaching modules
Office hours
By appointment

**Sustainable Development Goals** 

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