UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Evalutation and Treatment of The Painful Shoulder

2425-3-I0201D032

Aims

learning strategies for the patient with shoulder pain.

Contents

concept of assessment and treatment of shoulder pain will be presented.

Detailed program

Functional Anatomy - Biomechanics and arthrokinematics of the shoulder (joints: glenohumeral, sub-acromial, scapulo-thoracic, acromio-clavicular, sterno-clavicular);

Principles of pathology and pathogenesis of the syndromes of conflict and instability according to the different schools of thought (Kinetic Control, Maitland, Mc Connel, Mezieres).

Principles of treatment according to the aforementioned schools of thought.

Prerequisites

no

Teaching form

Frontal teaching 2h
interactive teaching - clinical practice activity 5h

Textbook and teaching resource

handouts and slides

Semester

second semester

Assessment method

Group Project work

Office hours

by appointment
antonella.martinelli@unimib.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING