UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

2425-2-I0201D135-I0201D171M

Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);

Knowing how to describe empathy in relational context and the process through which it works

Contents

The difficult patient and personal narrative

How to handle diffiult patients

Interpersonal motivational systems

Attachment in the relationship with patients

The empathic process

Detailed program

The difficult patient and personal narrative.

How to handle diffiult patients

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

Empathy and the empathic process in clinical relationship

Prerequisites

Teaching form

The course is structured into four 2-hour lessons, with a frontal lecture in the first part. The subsequent part aims to involve students interactively through group discussions of professional situations, the compilation of questionnaires to reflect on one's professional approach, and small group work. All activities are carried out in person.

Textbook and teaching resource

Liotti G., Fassone G., Monticelli F. (2017). L’evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. Medicine Today, 17(1-2), 36-44

Benedetti F. (2018). L’effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore

In-depth and supplementary materials will be uploaded to the module's e-learning page (including videos, PDF documents, and presentations used in lessons).

Semester

first semester

Assessment method

10 closed questions (multiple choice), 1 open questions on topics presented at lesson.

Office hours

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online or in presence (Building U38, 5° flor, room 5041)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES