UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

The Myofascial Rehabilitation in Childhood

2425-3-I0202D148

Aims

Acquire useful elements to understand the therapeutic potential of the method

Contents

Theoretical basic elements of fascial manipulation and possible applications in the developmental age: theory and practical aspects

Detailed program

1st and 2rd module- theory and practice 2nd module -theory

1st m-introduction – nods of the fascia anatomy,perception,movements +practice

2nd m-nods of the fascia anatomy, perception movements; longitudinal , diagonal sequences

proposals in developmental age + practic

Prerequisites

To be enrolled in the CdL in TNPEE

Teaching form

The lessons will take place in a face-to-face mode and partly in an interactive mode with practical exercises on the beds. It is planned to use videos on specific clinical cases based on student requests in an in-depth analysis.

Textbook and teaching resource

Manipolazione della fascia Luigi Stecco

Manipolazione fasciale- parte teorica L.Stecco-A.Stecco

Manipolazione fasciale- parte pratica L.Stecco,C.Stecco

Manipolazione fasciale per le disfunzioni internistiche

L.Stecco

Atlante di fisiologia della fascia muscolare

L.Stecco

Manipolazione fasciale. Parte pratica primo livello L.Stecco- A.Stecco

Manipolazione fasciale Parte pratica secondo livello L.Stecco-Carla Stecco

Agopuntura Medicina Occidentale Manipolazione Fasciale

L.Stecco

ed. Piccin.

Il sistema fasciale in ambito osteopatico. T.Liem,P.Tozzi,A.Chila ed. edra

Le forme spastiche della paralisi cerebrale infantile

A.Ferrari-G.Cioni Springher Verlag

La fisioterapia nella paralisi centrale infantile

principi ed esperienze-postura seduta

G.Borelli-R.Nerviani

Springher

Fuori schema.

P.Giannoni ed Springher

Semester

Second semester

Assessment method

Frequency and final discussion

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY