

## SYLLABUS DEL CORSO

### Laboratori Professionalizzanti 1

2425-2-I0202D111

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#### Aims

The seminar helps students to learn about infant massage as a means of communication, relationship and contact between the mother and her baby, placing attention on issues of gender equality (race, culture, sex). The students try to find well-being and relaxation, with work in pairs, through the massage (shoulders, back and head) done by their partner

#### Contents

INFANT MASSAGE: Basic information on infant massage. Infant massage, as a means of mother-child communication. Infant massage, as a means of mother-child relationship. Infant massage, as a means of mother-baby contact

#### Detailed program

##### INFANT MASSAGE

- ? Basic information of infant massage
- ? The communication mother-children
- ? Infant massage as a means of communication mother-children
- ? The relationship mother-children

? Infant massage as a means of relationship mother-children

? Infant massage as a means of contact mother-children

## **Prerequisites**

None

## **Teaching form**

Educational Teaching (DE) through frontal lessons

Interactive Teaching (DI) through practical exercises with a mannequin

## **Textbook and teaching resource**

1. Leboyer, Spantala,ed. Bompiani

2. Auckett,Massaggio per i vostri bambini,ed. RED

3. Vimala McClure, Il massaggio del bambino,Manuale per insegnanti

4. Atti del convegno "20 anni di AIMI".

## **Semester**

First Semester, Second year

## **Assessment method**

Attendance

## **Office hours**

Received by appointment, the teacher can be contacted at the following email address: [marina.brambilla@unimib.it](mailto:marina.brambilla@unimib.it)

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY

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