UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Professional Laboratories 1

2425-2-I0202D111

Aims

The seminar helps students to learn about infant massage as a means of communication, relationship and contact between the mother and her baby, placing attention on issues of gender equality (race, culture, sex). The students try to find well-being and relaxation, with work in pairs, through the massage (shoulders, back and head) done by their partner

Contents

INFANT MASSAGE: Basic information on infant massage. Infant massage, as a means of mother-child communication. Infant massage, as a means of mother-child relationship. Infant massage, as a means of mother-baby contact

Detailed program

INFANT MASSAGE

? Basic information of infant massage

? The communication mother-children

? Infant massage as a means of communication mother-children

? The relationship mother-children

? Infant massage as a means of relationship mother-children

? Infant massage as a means of contact mother-children

Prerequisites

None

Teaching form

Educational Teaching (DE) through frontal lessons
Interactive Teaching (DI) through practical exercises with a mannequin

Textbook and teaching resource

1. Leboyer, Spantala,ed. Bompiani

2. Auckett,Massaggio per i vostri bambini,ed. RED

3. Vimala McClure, Il massaggio del bambino,Manuale per insegnanti

4. Atti del convegno "20 anni di AIMI".

Semester

First Semester, Second year

Assessment method

Attendance

Office hours

Received by appointment, the teacher can be contacted at the following email address: marina.brambilla@unimib.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY