UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Terzi Method in Rehabilitation

2425-2-I0202D147

Aims

Knowledge of a cognitive motor methodology to evaluate, identify and rehabilitate the spatio-temporal deficit characterizing various Neuro-developmental Disorders of interest in the TNPEE

Contents

Theoretical bases of the Method and correlations with neurosciences. Experiential experiences of the Terzi Method Basic exercises.
Application to the clinic in developmental age

Detailed program

Theoretical lesson: Introduction to the Method
Practical laboratory and role play:
The spatio-temporal organization of the personal space:
- Rhythm exercises:
One channel rhythms
The two-channel rhythms
- Attitudes
- the Touches
The spatio-temporal organization of the Euclidean metric space:
- the rectilinear translations
- the Rotations
Curvilinear translations

Discussion with the expert: Reflections on lived experiences.
Theoretical lesson: - The theoretical basis of the Method
- Application areas in TNPEE
Video presentation: Application of the Method in a PCI case

Prerequisites

To be enrolled in the TNPEE CdL

Teaching form

In-person lessons partly in delivery mode and partly in interactive mode.

Textbook and teaching resource

Ida Terzi - “Il Metodo Spazio-temporale. Basi teoriche e guida agli esercizi”

Ghedini Editore

Semester

Second semester

Assessment method

Final discussion

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING