UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychobiology of Behavioural Disorders - 1

2425-3-E2401P019-T1

Learning area

Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- To introduce the study of behavioural disorders, and specifically their biological bases and the neural correlates.
- Correlation between neurobiological aspects and psychopathology.
- Different approaches, typical of psychophysiology, neuropsychology and experimental psychology

Applying knowledge and understanding

- To promote the ability to detect the pathological cognitive, emotional and behavioural functioning
- To detect the relative contribution of biological and environmental components at the basis of pathologic behaviour.

Contents

Genetic, neurotransmitter and anatomical aspects at the basis of the most common cognitive and behavioural disorders will be analysed.

Detailed program

Course Introduction - Methods of Psychobiological Research - Psychobiological Aspects of Major Depressive Disorder - Psychobiological Aspects of Anxiety Disorders - Psychobiological Components of Criminal Behavior and Sociopathy - Psychobiological Foundations of Addictions - Psychobiology of Healthy and Pathological Aging - Psychobiological Aspects of Nutrition and Related Psychological Disorders - Psychibiology of schizophrenia - Psychobiology of Consciousness - Assessment of the Psychobiological Foundations of Near-Death Experiences.

Prerequisites

It is highly suggested to take this course after genetics and biology, functional neuroanatomy, physiological psychology.

Teaching methods

The didactic modality will involve frontal lessons, videos, and individual learning.

Assessment methods

The exam modality is a written test with an optional oral examination.
The written exam will be conducted on the scheduled exam day in a computer laboratory and consists of 30 multiple-choice questions and two open-ended questions that require a comprehensive and reasoned discussion on two course topics. The purpose of these questions is to evaluate the actual acquisition of both theoretical knowledge and the ability to connect different aspects of psychobiology. The responses to the open-ended questions will be assessed based on the correctness of the answers, the ability to present arguments, and the critical analysis of the topics addressed.
For students who request it and have passed the written exam, there is also an optional oral examination covering all course topics. The final grade will be determined by the average of the grade obtained in the written exam and the grade obtained in the oral exam.

Textbooks and Reading Materials

- Psicobiologia del comportamento normale e patologico. Papagno C. & Gallace A. (a cura di, 2014). Il Mulino: Bologna.
- Neuroscienze per la Psicologia clinica. Elisabetta Mundo. Cortina Editore.
  -Additional teaching material will be provided during the course

Sustainable Development Goals