

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Counselling

2425-3-E2401P032

Learning area

METHODS AND TECHNIQUES FOR TREATMENT AND REHABILITATION

Learning objectives

Knowledge and understanding

- Different theoretical models underlying family and individual counseling
- Knowledge of the specific characteristics of the profession of psychological counselor
- Theoretical and methodological assumptions of individual counseling, with particular reference to psychodynamic-oriented counseling aimed at adolescents and young adults; theoretical, clinical, and methodological assumptions of psychodynamic-oriented counseling for issues related to parenting and parent/child relationships considered in different phases and types of families

Applying knowledge and understanding

- Recognition of theoretical concepts applied in practice
- In-depth exploration of topics in groups
- Discussion of proposed clinical examples and highlighting of critical issues in different situations.

Contents

Detailed program