



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Counselling

2425-3-E2401P032

Learning area

METHODS AND TECHNIQUES FOR TREATMENT AND REHABILITATION

Learning objectives

Knowledge and understanding

- Different theoretical models underlying family and individual counseling
- Knowledge of the specific characteristics of the profession of psychological counselor
- Theoretical and methodological assumptions of individual counseling, with particular reference to psychodynamic-oriented counseling aimed at adolescents and young adults; theoretical, clinical, and methodological assumptions of psychodynamic-oriented counseling for issues related to parenting and parent/child relationships considered in different phases and types of families

Applying knowledge and understanding

- Recognition of theoretical concepts applied in practice
- In-depth exploration of topics in groups
- Discussion of proposed clinical examples and highlighting of critical issues in different situations.

Contents

Detailed program

Prerequisites

Teaching methods

Assessment methods

Textbooks and Reading Materials

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
