UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

# Laboratory: Assessment Methods of Parent-Child Interaction and Regulation

**2425-3-E2401P053**

## Learning area

Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

## Learning objectives

*Knowledge and understanding*

- Caregiver-infant interactions
- Parental sensitivity
- Infant socio-emotional development
- Parenting and infant developmental risk conditions

*Applying knowledge and understanding*

- To identify interaction styles
- To identify emotional regulation between caregiver and infant in the first years of life
- To evaluate interactive problems in the parent-infant dyad
- Principles of early intervention to support parenting in at-risk conditions

## Contents

This course aims to provide students with theoretical concepts, methodological principles and an introduction to techniques for the observation and assessment of parent-infant interaction in typical and at-risk developmental conditions.

## Detailed program

Lessons 1 and 2

- Theoretical assumptoms
- Methodological principles of parent-infant interaction observation
- Parenting and developmantl risk conditions
- Early family-centered interventions

Lessons 3 and 4

- Clinical cases
- Joint vision of videotapes
- Coding the interaction
- Comparing coding systems and their implications

Lessons 5 and 6

- Clinical cases
- Programming interventions to support parenting in at-risk conditions
- Small group exercises

## Prerequisites

- Knowledge of attachmen theory

- Knowledge of emotional development basic concepts

For the academic year 2024/2025 it will not be possible to select this laboratory as a single-course entry.

## Teaching methods

6 lessons of 4 hours each delivered in lecture mode (approximately 24 hours in total) in the initial part, aimed at engaging students interactively (approximately 18 hours in total) in the subsequent part. All activities are conducted in person.

Laboratory activities including exercises and discussion on clinical cases, role-playing, small group work on the structuring and application of interaction coding systems.

## Assessment methods

Written exam based on a case analysis to assess the ability to critically apply the theoretical contents of the course to a real-life example.

## Textbooks and Reading Materials

Details about the reading materials will be provided to students on the related e-learning page.

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING