



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratorio: Metodologie per l'Assessment Multiculturale

2425-3-E2401P112

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#### Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

#### Learning objectives

Knowledge and understanding

General themes and basics of transcultural/ ethnopsychiatric approach.  
The migration phenomenon of migration and psychological vulnerability/trauma.  
Specificity of psychological assessment in multicultural contexts.  
Methodologies and techniques for psychodiagnostic assessment and treatment phase.

Applying knowledge and understanding

Developing of "cultural sensitivity".  
Ability to recognize and evaluate the cultural dimension in a clinical case and in the planning of a psychological intervention.

#### Contents

Theory and Clinical Practice of Multicultural Assessment and Care from the Perspective of Transcultural/Ethnopsychiatric Psychological Approaches.

## **Detailed program**

From Jung's collective unconscious and individuation to Devereux's complementarity, decentralization, and transculturality/ethnopschoanalysis as clinical knowledge and cultural practice.

The construction of culturally sensitive dialogue with people from non-Western cultural backgrounds, the cultural ego, and the unrepressed unconscious.

Listening to the mental suffering of migrants, a setting with variable geometries.

Psychological disorders in first and second-generation adolescents.

Traumatic and microtraumatic factors as risk factors for psychological distress.

Adaptation, acculturation, hybridity, and biculturalism.

Treatments and care devices.

## **Prerequisites**

None in particular. A basic knowledge of testing can facilitate the learning of the proposed content, but it is not required.

For the academic year 2024/2025 it will not be possible to select this laboratory as a single-course entry.

## **Teaching methods**

The laboratory (24 hours) will be interactive: the presentation of relevant content will be accompanied by participatory sharing, dialogue and guided exercises, as well as viewing films and experiential contributions.

Most of the slides used in class will be available on the e-learning site.

## **Assessment methods**

Final report written with open-ended questions aimed at verifying the knowledge and understanding of the main theoretical and clinical aspects covered in the course.

Please note that attendance is mandatory for at least 75% of the lectures.

## **Textbooks and Reading Materials**

Castiglioni, Del Rio, Servida, Terranova-Cecchini G.(2018), Culture che curano, Borla Editore

Ranchetti (2015), Il percorso identitario degli adolescenti di origine straniera, Franco Angeli

## **Sustainable Development Goals**

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