UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Methods for Multicultural Assessment

2425-3-E2401P112

Learning area

2: Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

Learning objectives

Knowledge and understanding

General themes and basics of transcultural/ ethnopsychiatric approach.
The migration phenomenon of migration and psychological vulnerability/trauma.
Specificity of psychological assessment in multicultural contexts.
Methodologies and techniques for psychodiagnostic assessment and treatment phase.

Applying knowledge and understanding

Developing of “cultural sensitivity”.
Ability to recognize and evaluate the cultural dimension in a clinical case and in the planning of a psychological intervention.

Contents

Theory and Clinical Practice of Multicultural Assessment and Care from the Perspective of Transcultural/Ethnopsychiatric Psychological Approaches.

Detailed program

From Jung's collective unconscious and individuation to Devereux's complementarity, decentralization, and transculturality/ethnopsychoanalysis as clinical knowledge and cultural practice.
The construction of culturally sensitive dialogue with people from non-Western cultural backgrounds, the cultural ego, and the unrepressed unconscious.
Listening to the mental suffering of migrants, a setting with variable geometries.
Psychological disorders in first and second-generation adolescents.
Traumatic and microtraumatic factors as risk factors for psychological distress.
Adaptation, acculturation, hybridity, and biculturalism.
Treatments and care devices.

Prerequisites

None in particular. A basic knowledge of testing can facilitate the learning of the proposed content, but it is not required.

For the academic year 2024/2025 it will not be possible to select this laboratory as a single-course entry.

Teaching methods

The laboratory (24 hours) will be interactive: the presentation of relevant content will be accompanied by participatory sharing, dialogue and guided exercises, as well as viewing films and experiential contributions.
Most of the slides used in class will be available on the e-learning site.

Assessment methods

Final report written with open-ended questions aimed at verifying the knowledge and understanding of the main theoretical and clinical aspects covered in the course.
Please note that attendance is mandatory for at least 75% of the lectures.

Textbooks and Reading Materials

Castiglioni, Del Rio, Servida, Terranova-Cecchini G.(2018), Culture che curano, Borla Editore

Ranchetti (2015), Il percorso identitario degli adolescenti di origine straniera, Franco Angeli

Sustainable Development Goals