



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Methods and Techniques for Collecting Anamnesis Data in The Biopsychosocial Context

2425-3-E2401P139

---

#### Learning area

4: Knowledge about qualitative and quantitative research methodology

#### Learning objectives

*Knowledge and understanding*

Clinical reasoning

Collection of bio-psycho-social data

*Applying knowledge and understanding*

How to use tools

How to write a clinical report

#### Contents

The course aims to promote acquisition of practical and theoretical knowledge related to the collection of bio-psycho-social data used in the clinical context.

#### Detailed program

Theoretical concepts on the collection of bio-psycho-social data in psychological field Importance of bio-psycho-social data in clinical context  
Collection of bio-psycho-social: Areas of investigation and information organization  
Conduction and management of the Clinical interview Role playing  
Selection of data for the final report  
Bio-psycho-social data and diagnosis

## **Prerequisites**

A good knowledge of the basis of Psychopathology and interviewing techniques enables a more aware use of the course contents.

For the academic year 2024/2025 it will not be possible to select this laboratory as a single-course entry.

## **Teaching methods**

The course will be experiential, and all the material presented during the lessons will be applied by the use of single cases and by the students themselves.

The course gives theoretical outline about collection of bio-psycho-social data and their organization, in the clinical context. Each student is required to actively involve and work in this field.

4 hours approximately will be dedicate to didactic teaching, linked to clinical experience, with the aim to provide a clear definition of what collection of bio-psycho-social data is, it's purpose, the meaning of data and the ways to collect tem.

Other 20 hour will be assigned to exercise and laboratory, practical, activities, such as role playing, discussion and review of home and classroom exercise.

## **Assessment methods**

75% of the total number of presence hours is required.

Each student is also required to experiment in proposed activities, and write a final work on that.

## **Textbooks and Reading Materials**

Detailed information on textbooks and reading materials will be presented during lessons and available on course e-learning page.

## **Sustainable Development Goals**

---

