



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia delle Cure Primarie

2425-2-F5107P016

---

#### Learning area

Models and techniques for assessing psychological functioning

#### Learning objectives

##### *Knowledge and Understanding*

- Understand the regulatory framework for the professional role of the Primary Care Psychologist.
- Know the guidelines of the WHO and the indications contained in the Essential Levels of Care (LEA).
- Understand actions for promoting psychological well-being and the early identification of psychological distress.

##### *Applying Knowledge and Understanding*

- Apply techniques for patient assessment and demand analysis through clinical interviews and psychodiagnostic assessment.
- Design preventive and supportive interventions throughout the life cycle (adults, adolescents, and developmental age).
- Collaborate effectively with other healthcare professionals in the primary care area.

#### Contents

#### Detailed program

**Prerequisites**

**Teaching methods**

**Assessment methods**

**Textbooks and Reading Materials**

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

---