UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Interventions for Borderline Personality Organization in Addictive Disorders

2425-2-F5107P017

Learning area

Models and Techniques for Evaluating Psychological Functioning

Learning objectives

Knowledge and Understanding
• General themes and theoretical orientations: addiction, personality organizations
• Advanced aspects of diagnosis
• Aspects related to treatment principles, including residential care in both areas

Ability to Apply Knowledge and Understanding
• Acquisition of principles related to clinical framing and treatment principles
• Critical understanding
• The basics of clinical work in residential care

Contents

The course aims to provide students with advanced skills in clinical diagnosis and issues related to personality organizations/disorders and the area of addiction. Additionally, it will cover introductory aspects of understanding and treating these specific disorders, with particular reference to contemporary models and the integration of individual approaches and residential care.

Detailed program

• Descriptive (DSM-5) and clinical framework of the two areas; dual diagnosis
• Theoretical models
• From diagnosis to treatment
• Residential care and therapeutic communities

Prerequisites

It is assumed that students have competencies in the field of Psychopathology (DSM-5 diagnostic criteria), Clinical Psychology, and the main theoretical references underlying psychodynamic diagnosis, including historical models. Students who lack these competencies are encouraged to inform the instructor (via email or in person) about any deficiencies, in order to agree on a basic reference bibliography.

Teaching methods

The course will involve Classroom lectures (around 70%) and more activity (around 30%) consisting of discussions on clinical materials, videos, and in-depth analysis related to residential care.

The material presented in class—when possible—will be made available on the course's e-learning website.

Assessment methods

The exam consists of an initial written test with 30 multiple-choice questions; students who pass the written test (at least 18 correct answers) will have access to an oral exam. Both tests will cover the entire course syllabus; questions on prerequisites are also possible.

Textbooks and Reading Materials

Instructions will be provided at the beginning of the course.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING