UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: The Assessment of Relational Functioning

2425-2-F5107P019

Learning area

Models and techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

· The Infant Research intersubjective perspective and the systemic model of interaction;

· The Stern's micro-analytic interview as an instrument to explore, in clinical and educational areas, relational schemes of "being with" the Other.

Applying knowledge and understanding

· Experiencing the micro-analytic interview conduction, focusing on the content and the interactive process;

. Analyzing personal experience and highlighting the "dominant theme" or the schemes of "being with" that characterizes the explored moment by the interview.

Contents

The lab-course focuses on the assessment of relational schemes of "being with" the Other in clinical areas.
The theoretical frame (Infant Research intersubjective perspective and the systemic model of interaction, Stern's model) and clinical applications will be presented.

The applications of Infant Research discoveries and of Stern's micro-analytic perspective in clinical area will be illustrated.
Peculiarities and difficulties of assessment in clinical areas will be discussed.

Detailed program

• The Infant Research intersubjective perspective;
• The systemic model of interaction;
• The clinical system parent-child;
• The origin of Stern's micro-analytic interview (breakfast interview) as a method to explore personal experience and individual's representational world;
• The application of Stern's micro-analytic interview in clinical area;
• The role of "present moment" in the clinical setting and the importance of a micro-analytic perspective to study the change process in psychotherapy;
• Perinatal period and early parent-child interaction;
• Family functioning observation and evaluation.

Prerequisites

Basics of developmental psychodynamic and clinical psychology.

Teaching methods

Lessons will delivered in presence, through delivery method (10 h) and through interactive method.
Students are operationally introduced to the exploration of relational styles both through the analysis and discussion and by role-playing in the classroom.
Vision of films, listening to interviews and work in small groups are also used.

Assessment methods

The participation in 70% of the lessons is required.
The evaluation of learning is a oral examination.
Students are required to present a brief report about a specific topic presented during the lab-course and discussed with the teacher and class group.
At the first lesson will be given explication about topic and application's indications.

Textbooks and Reading Materials

Suggested further readings:

Beebe, B., Lachmann, F. M. (2003). Infant Research e trattamento degli adulti. Un modello sistemico diadico delle interazioni. Raffaello Cortina Editore.

Beebe, B., Lachmann, F. M. (2015). Le origini dell'attaccamento. Infant research e trattamento degli adulti. Raffaello Cortina Editore.

Mazzoni, S., Tafà, M. (a cura di) (2007). L'intersoggettività nella famiglia. procedure multimetodo per l'osservazione e la valutazione delle relazioni familiari. FrancoAngeli, Milano.

Stern, D, N. (1999). La costellazione materna. Il trattamento psicoterapeutico della coppia madre-bambino. Bollati Boringhieri, Torino.

Stern, D, N. (2004). Il momento presente. In psicoterapia e nella vita quotidiana. Raffaello Cortina, Milano.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING