UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: Clinical Interviews for The Diagnosis of Personality Disorders

2425-2-F5107P020

Learning area

Models and techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

- Personality Disorders according to the Diagnostic and Statistical Manual of Mental Disorders (DSM).
- Personality pathology according to Otto Kernberg's theory of Structural Diagnosis.

Applying knowledge and understanding

- Administering and scoring the Structured Clinical Interview-5-DP (SCID-5-DP)
- Administering and scoring the Structured Interview of Personality Organization (STIPO-R)

Contents

The conceptualization of personality pathology will be discussed according to both the psychiatric approach (DSM-5) and Otto Kernberg's psychodynamic theory. Basic techniques for the administration of diagnostic tools to assess these aspects will also be presented.

Detailed program

· Definitions of personality pathology
· Personality disorders in the DSM-5
· Assessment of personality disorders through the SCID-5-DP: administration and scoring
· Otto Kernberg's model of personality pathology
· Assessment of personality organization through the STIPO-R: administration and scoring

Prerequisites

General knowledge related to:
· Diagnostic assessment: categorical approaches and structural diagnosis
· General descriptive features of personality disorders (DSM-5)

Teaching methods

Presentation of the theoretical models
· Presentation and discussion of clinical material
· Role playing
· Scoring of the presented assessment tools

Teaching: 8 hours
Interactive teaching: 20 hours
Type of activity: Laboratory
All teaching delivered in person.

Assessment methods

Students will be asked to produce a written composition in which they analyze a clinical case presented during the lessons (psychodiagnostic report).

Textbooks and Reading Materials

To read:
Hörz-Sagstetter, S., Caligor, E., Preti, E., Stern, B. L., De Panfilis, C., & Clarkin, J. F. (2018). Clinician-guided assessment of personality using the Structural Interview and the Structured Interview of Personality Organization (STIPO). *Journal of Personality Assessment*, *100*(1), 30-42.
Morey, L. C., Benson, K. T., Busch, A. J., & Skodol, A. E. (2015). Personality disorders in DSM-5: Emerging research on the alternative model. *Current Psychiatry Reports*, 17(4), 24.
Recommended:
American Psychiatric Association (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing. Edizione italiana*:
Manuale diagnostico e statistico dei disturbi mentali (5° ed.). Milano: Raffaello Cortina, 2014.

Madeddu, F., Preti, E. (2012). La diagnosi strutturale di personalità secondo il modello di Kernberg. Milano: Raffaello Cortina.
Kernberg, O. F. (2018). I disturbi di personalità nel DSM-5: Panoramica generale e criticità. In Madeddu, F. (a cura di), Erotismo e Aggressività nei disturbi gravi di personalità (pp. 33-44). Milano: Raffaello Cortina, 2019
Kernberg, O. F. (2016). What is personality? Journal of Personality Disorders, 30(2), 145-156. Tr. It. In Madeddu, F. (a cura di), Erotismo e Aggressività nei disturbi gravi di personalità (pp. 15-32). Milano: Raffaello Cortina, 2019.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING