

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **COURSE SYLLABUS**

# Practical Class: Clinical Interviews for The Diagnosis of Personality Disorders

2425-2-F5107P020

## Learning area

Models and techniques for assessing psychological functioning

## Learning objectives

Knowledge and understanding

- Personality Disorders according to the Diagnostic and Statistical Manual of Mental Disorders (DSM).
- Personality pathology according to Otto Kernberg's theory of Structural Diagnosis.

Applying knowledge and understanding

- Administering and scoring the Structured Clinical Interview-5-DP (SCID-5-DP)
- Administering and scoring the Structured Interview of Personality Organization (STIPO-R)

#### **Contents**

The conceptualization of personality pathology will be discussed according to both the psychiatric approach (DSM-5) and Otto Kernberg's psychodynamic theory. Basic techniques for the administration of diagnostic tools to assess these aspects will also be presented.

#### **Detailed program**

- · Definitions of personality pathology
- · Personality disorders in the DSM-5
- · Assessment of personality disorders through the SCID-5-DP: administration and scoring
- · Otto Kernberg's model of personality pathology
- · Assessment of personality organization through the STIPO-R: administration and scoring

# **Prerequisites**

General knowledge related to:

- · Diagnostic assessment: categorical approaches and structural diagnosis
- · General descriptive features of personality disorders (DSM-5)

#### **Teaching methods**

Presentation of the theoretical models

- · Presentation and discussion of clinical material
- · Role playing
- Scoring of the presented assessment tools

Teaching: 8 hours

Interactive teaching: 20 hours
Type of activity: Laboratory
All teaching delivered in person.

#### **Assessment methods**

Students will be asked to produce a written composition in which they analyze a clinical case presented during the lessons (psychodiagnostic report).

#### **Textbooks and Reading Materials**

#### To read:

Hörz-Sagstetter, S., Caligor, E., Preti, E., Stern, B. L., De Panfilis, C., & Clarkin, J. F. (2018). Clinician-guided assessment of personality using the Structural Interview and the Structured Interview of Personality Organization (STIPO). *Journal of Personality Assessment*, 100(1), 30-42.

Morey, L. C., Benson, K. T., Busch, A. J., & Skodol, A. E. (2015). Personality disorders in DSM-5: Emerging research on the alternative model. *Current Psychiatry Reports*, 17(4), 24.

#### Recommended:

American Psychiatric Association (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing. Edizione italiana\*:

Manuale diagnostico e statistico dei disturbi mentali (5° ed.). Milano: Raffaello Cortina, 2014.

Madeddu, F., Preti, E. (2012). La diagnosi strutturale di personalità secondo il modello di Kernberg. Milano: Raffaello Cortina.

Kernberg, O. F. (2018). I disturbi di personalità nel DSM-5: Panoramica generale e criticità. In Madeddu, F. (a cura di), Erotismo e Aggressività nei disturbi gravi di personalità (pp. 33-44). Milano: Raffaello Cortina, 2019 Kernberg, O. F. (2016). What is personality? Journal of Personality Disorders, 30(2), 145-156. Tr. It. In Madeddu, F. (a cura di), Erotismo e Aggressività nei disturbi gravi di personalità (pp. 15-32). Milano: Raffaello Cortina, 2019.

# **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING