

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### **COURSE SYLLABUS**

## **Practical Class: Developmental Psychodiagnostic Assessment**

2425-2-F5107P022

#### Learning area

Models and techniques for assessing psychological functioning

#### Learning objectives

Knowledge and understanding

- Characteristics of case formulation in developmental age
- Adolescent and Infancy Personality Disorders according to the Psychodynamic Diagnostic Manual-2 (PDM-2).
- From the assessment to treatment: therapeutic planning and goals
- Clinical and forensic interventions in developmental age

Applying knowledge and understanding

- Children and Adolescent Assessment: Setting and steps
- Psychopathological personality functioning in young children
- · clinical reasoning: the complexity of clinical and forensic interventions in developmental age

#### **Contents**

The purpose of this laboratory is several-fold. It reinforces the basic skills critical to set up a diagnostic process in the developmental age. Moreover, the laboratory will allow you to understand deeply the diagnostic process. The diagnostic process with children and adolescents raises issues about the specific setting, the relational aptitude

and the choice of assessment tools for a developmental diagnosis, commonly defined as a states diagnosis and not yet as a traits diagnosis.

#### **Detailed program**

- Theory and technique behind the diagnostic setting with children and adolescents: the consulting room and the rules of play.
- The diagnostic tools: observation of the individual and of the family, children's drawing, children's play.
- Roberts-2: a story telling test for subjects from 6 to 18 years old. It provides a series of 16 pictures depicting
  social situations that are part of children's and adolescents' everyday experience. Children and
  adolescents are required to tell a story starting from pictures. Roberts-2 presents a standardized scoring
  system, organized in clinical and evolutionary scales that, when properly interpreted, are used to assess the
  child's personality through the measurement of its performance (problem solving strategies and decision
  making) in complex tasks.

#### **Prerequisites**

Skills related to clinical psychology (assessment, psychodynamic psychiatry, clinical reasoning).

#### **Teaching methods**

The teaching method is 50% lecture-based and 50% interactive. The lectures will provide theoretical and technical explanations of the assessment process. Clinical cases will be referred as practical examples as well as a study of the diagnostic functioning in developmental age. The administration and coding training on Roberts-2 will improve technical competence in psychodiagnostic techniques.

The course's slides will be shared before the lesson, in order to facilitate the students comprehension of the lesson.

#### Assessment methods

Students must attend at least 70% of the lessons to get the necessary credits.

#### **Textbooks and Reading Materials**

Ammanniti M., (2001). Manuale di Psicopatologia dell'infanzia". Raffaello Cortina Editore Ammanniti M., (2002). Manuale di Psicopatologia dell'adolescenza". Raffaello Cortina Editore

Kernberg P.F, Weiner A.S., Bardenstein K.K, (2000) "I disturbi di personalita? nei bambini e negli adolescenti" Tr. It. Giovanni Fioriti Editore, Roma 2001

Lingiardi V., McWiliamns N. (2018). "PDM-2. Manuale diagnostico psicodinamico". Raffaello Cortina Editore

Lingiardi V., McWiliamns N., Speranza A.M., (2020). "Manuale diagnostico psicodinamico. PDM-2 0/18 - Infanzia e adolescenza". Raffaello Cortina Editore

Parolin, L., Locati F., De Carli P. (2014) "Il test di Roberts-2". Hogrefe Editore

Speranza A. M., Williams R. (2009). "Fare diagnosi nell'infanzia e nell'adolescenza". In "La Diagnosi in psicologia clinica". Raffaello Cortina Editore

#### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING