

## SYLLABUS DEL CORSO

### Laboratorio: Gestione del Conflitto nelle Relazioni Affettive

2425-2-F5107P023

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#### Learning area

Models and Techniques for Intervention and Rehabilitation

#### Learning objectives

##### *Knowledge and Understanding*

- The goal of the laboratory is to provide knowledge on the relational dynamics of conflict in affective relationships, with particular reference to:
- the processes of co-regulation of emotions
- the evolutionary processes of co-dependence
- negotiation and mediation in interpersonal processes
- functional and dysfunctional relational styles in conflict management
- communication processes in managing conflict in affective relationships\*\*\*

##### *Ability to Apply Knowledge and Understanding*

- Develop the ability to apply knowledge in understanding the main dynamics that lead to conflict processes in affective relationships
- Identification and understanding of personal and interpersonal features that characterize conflict management styles and main intervention methods of relational nature
- Develop the ability to apply knowledge and understanding to promote functional processes in communicative dynamics and emotional regulation
- Identification and understanding of personal and interpersonal features that characterize conflict management styles and main intervention methods of relational nature
- Develop the ability to apply knowledge and understanding to promote functional processes in communicative dynamics and emotional regulation

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