

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Laboratorio: Stesura della Relazione Clinico Diagnostica

2425-2-F5107P024

# Learning area

Models and Techniques for assessing psychological functioning

## Learning objectives

Knowledge and understanding

- ? From the first meeting to the assessment
- ? Use of diagnostic instruments and of bio-psycho-social data
- ? Psychodiagnostic taxonomies
- ? Application of the various psychological instruments

Applying knowledge and understanding

- ? Become familiar with psychological testing
- ? Allow a first contact to clinical reasoning
- ? Focus attention on fundamental elements in order to make strategical clinical choices

#### **Contents**

We will deal with assessment: characteristics, defining elements, and how it is made. We will approach and focus on clinical reasoning in order to better understand how to choose the right instrument and to understand how those data can then be transmitted in a written form.

## **Detailed program**

- ? From first meetings to assessment
- ? Psychological assessment: how, why, when
- ? Psychological assessment as a process developing over time
- ? Instruments available for the psychologist
- ? Clinical reasoning as a guidance in choosing instruments
- ? Data transmission in a written form

#### **Prerequisites**

Knowledge about different type of first meeting with a client, fundamental psychological classifications, role of the psychological assessment.

#### **Teaching methods**

The teaching activities will be delivered in both a lecture-based and interactive format. Three 4-hour lecture sessions will be conducted in a lecture-based format, and three 4-hour lab activities with exercises will be conducted in an interactive format. all the lessons will be held in presence.

Parts of clinical reports will be presented, analyzed and discussed in group. Psychological questionnaire will be administered in order to allow students to get familiar with them; students will also be asked to write a clinical report following some guidelines given during the course. Lessons will be held in presence.

#### **Assessment methods**

The attendance of 70% of the total number of hours is required.

The student participation will be evaluated through the production of a clinical report based on material and guidelines given during the lessons.

Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so.

#### **Textbooks and Reading Materials**

Detailed informations on textbooks and reading materials will be available on course's e-learning page.

#### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

