



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Comunicazione e Accettazione nel Processo Diagnostico

2425-1-F5108P011

Learning area

Models and techniques for assessing psychological functioning

Learning objectives

- Acquire the principles related to communication in the diagnostic process
- Acquire the principles relating to acceptance in the diagnostic process
- Understand the terminology related to the different models regarding the communication of the diagnosis and its acceptance

Contents

Communication in the diagnostic process
Psychological/psychiatric diagnosis
Medical diagnosis
Acceptance in the diagnostic process

Detailed program

Introduction to the diagnostic process
Essential vs accessory symptoms

Key elements of effective communication
Relationship strategies
Examination of mental conditions
Diagnostic process and diagnosis communication
How to communicate the diagnosis? Communication techniques in the diagnostic process
Differences between diagnoses of physical and psychological/psychiatric pathologies
Diagnosis of mental problems, the example of suicidal risk
Defense mechanisms
Medical diagnosis and chronic pain
Communication models
Communicate the bad news
The main errors in the communication with the patient
Communication of the diagnosis of dementia
Health communication throughout the life cycle
Patient, Family, Caregiver
Coping and defenses
Communication of the diagnosis in different contexts (oncology, palliative care)
Death and dying
The story of the drug
Drug acceptance and drug resistance
Health and the right to health
Ethics and law in doctor-patient communication

Prerequisites

Knowledge of DSM-5-TR diagnostic criteria

Teaching methods

The teaching activity will be carried out face-to-face and in Italian (with the exception of single lessons given by external experts, which may be in English).

Lectures will alternate with group discussions of clinical material.

Clinical cases will be used through texts and videos.

Hours of teaching activity organized as frontal lessons: 50% of the total

Hours of teaching activities involving classroom discussions, presentation of cases, group work, exercises: 50% of the total

Type of teaching activity: lesson

Assessment methods

The exam will be carried out in presence. The exam consists of a written test with 30 multiple choice questions and two open questions. The test will focus on the entire program of the course. Students who pass the written test (minimum 18) will have access to an optional oral test.

The questions are aimed at ascertaining the effective acquisition of both theoretical knowledge and practical-clinical

skills relating to the different models of communication and acceptance of the diagnosis.

The evaluation criteria are: the correctness of the answers and the mastery of the models and techniques learned during the course.

Erasmus students can contact the professor to agree on the possibility of studying on a bibliography in English and/or the possibility of performing the exam in English.

Textbooks and Reading Materials

Supplementary materials (slides, articles). The slides are essential for passing the exam. They will be uploaded online before each lesson.

Book(s):

Parts of the book: Bruno G. Bara, «Il corpo malato. L'intervento psicologico», Raffaello Cortina Editore, 2023.

One among the following (parts of one of these books):

Rita Charon , «Medicina narrativa. Onorare le storie dei pazienti», Raffaello Cortina Editore, 2019

Pompili M., «Il rischio di suicidio. Valutazione e gestione», Raffaello Cortina, 2022

Lingiardi V., Madeddu F., «I meccanismi di difesa. Teoria, valutazione, clinica», Raffaello Cortina Editore, 2023

Any other references can be given in class.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
