UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

# Practical Class: Sustaining Psychological Skills in Children

**2425-2-F5108P023**

## Learning area

2: Methods and tecniques for treatment and rehabilitation

## Learning objectives

*Knowledge and understanding*

• Understand the work of the psychologist in the school environment through educational interventions with the school.

• Understand the type of intervention that can be proposed.

• Teach the basics to intervene early on school difficulties.

*Applying knowledge and understanding*

• Ability to transfer complex and theoretical contents into practical knowledge.

• Ability to understand which intervention is more effective than another.

## Contents

Through this lab-course we will try to illustrate the diagnosis in developmental age taking into account the organic and emotional-relational aspects. In fact, through a brief comparison between the three diagnostic manuals (DMSV

/ 0-3 / ICD 10) and their differences we will try to understand the different diagnoses in the field of scholastic difficulties. It will be understood what the differences are and a brief overview of the school and what the ministry of education will provide.
Later we will understand what the role of the psychologist is and what it means to empower. Through the use of some clinical cases we will try to understand the type of intervention to be offered to children with scholastic difficulties.
Finally, we will illustrate the main rehabilitative programs to be used to compensate for the difficulties of study.

## Detailed program

• From theory to clinical
• The psychologist at school
• DSA and BES
• Enabling, rehabilitation ... what difference?
• Compensatory tools for the study for DSA and BES
• When there is no diagnosis: emotional disorders and tasks

## Prerequisites

Good knowledge of developmental psychology, diagnostic manuals such as DSM-V and ICD-10.

## Teaching methods

Frontal lecture in Italian and use of clinical cases through paper material.

## Assessment methods

Presentation of elaborate written (group) on some topics provided by the teacher. Interview and final discussion with the teacher.

## Textbooks and Reading Materials

Articles, book chapters will be provided by the teacher and uploaded to the course page.

## Sustainable Development Goals

QUALITY EDUCATION