



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia della Disabilità e dell'Integrazione

2425-3-E1901R082

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#### Course title

Psychology of Disability and Integration

#### Topics and course structure

The course focuses on Disability and Integration Psychology, diving into the underlying historical and methodological foundations.

The following topics will be covered: the history of disability; the definition of disability and the major theoretical models associated with it; tools for classifying different types of disability; the skills required by educators for intervention; different living contexts and the network approach; and the various types of disabilities, such as hearing, visual, and motor disabilities, learning disabilities, attention deficit hyperactivity disorder, and autism.

There will be expert discussions on specific areas of interest.

#### Objectives

Participants are expected to complete the following tasks by the end of the course:

1. Recognize how the definition of disability has changed over time.
2. Learn about the primary tools used in education to classify various types of impairment.
3. Recognize the significance of multidimensional approaches to human development, with a focus on interactive components.
4. Identify several intervention strategies for application in educational contexts.

## Methodologies

The course consists of 21 lessons of 2 hours each.

The lectures are divided as follows

- 80% In-person Didactic Delivery: 16 face-to-face lessons given by the professor.
- 20% Remote Didactic Activity: 5 asynchronous distance lessons given by the teacher.

The lectures will be held in Italian.

## Online and offline teaching materials

Slides, material provided in class and on the course e-learning site, lectures uploaded on the course site.

## Programme and references

1. Zanobini M., Usai M.C. (2022). Psicologia della disabilità e dei disturbi dello sviluppo. Elementi di riabilitazione e di intervento. Nuova Edizione Aggiornata e Ampliata. Franco Angeli.
2. Vicari S., Menghini D. (2018) La dislessia. Come Riconoscerla e Trattarla. Raffaello Cortina Editore.
3. A text of your choice from:
  - Cesaro A. (2015) Asilo nido ed integrazione del bambino con disabilità. Carocci Faber.
  - Cottini L. (2013) Che cos'è l'Autismo Infantile. Carocci Faber.
  - Kabat-Zinn J. (2017). Mindfulness per principianti. Mimesis.
  - Marzocchi G.M., Bongarzone, E. (2019) Disattenti e iperattivi. Cosa Possono Fare Genitori e Insegnanti. Il Mulino Editore.

Further materials will be provided during the course.

## Assessment methods

The examination mode is: WRITTEN, with an optional oral exam.

The exam is conducted in written form, with an optional oral exam (which may be requested by either the student or the professor).

The written test will be individual and will include a combination of closed and open-ended questions. The closed questions, which are multiple-choice, aim to thoroughly assess the student's knowledge of the exam syllabus. The open-ended questions are designed to evaluate the ability to express oneself using technical-disciplinary language.

**The written test is considered passed if a score of at least 18/30 is obtained. It is not possible to take the optional oral exam without passing the written test.**

After the written test, students may take a non-mandatory (optional) oral exam, which will cover: the bibliography, additional materials and topics discussed during lectures, expert contributions on specific topics, and all resources available on the e-learning platform.

The evaluation criteria for the oral exam include the ability to express oneself using technical-disciplinary language and the ability to connect theories and tools related to the psychology of disability. The oral exam may lower, maintain, or increase the score obtained in the written test.

\*\*The optional oral exam can only be taken during the same session in which the written test was completed.  
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Exam registration is unique and therefore valid for the optional oral exam as well. All students must correctly register for the exam to avoid issues with the official recording of grades.

Once the written exam results are published, students can choose to accept or reject their grade or request to take an additional oral exam.

**TO TAKE THE ORAL EXAM, STUDENTS MUST ACCEPT THE WRITTEN EXAM RESULT THROUGH THEIR ONLINE STUDENT PORTAL. ONCE ACCEPTED, THEY MUST CONTACT THE PROFESSOR (within 2 days of accepting the result) TO ARRANGE A DATE FOR THE ORAL EXAM, WHICH WILL BE HELD WITHIN ONE WEEK FROM THE WRITTEN EXAM DATE.**

Attention:

**STUDENTS WHO REJECT THEIR RESULT WILL ONLY HAVE THE OPTION TO REGISTER FOR THE NEXT WRITTEN EXAM SESSION.**

Important: The "silent consent" rule applies to the acceptance and official recording of the written exam grade. This means that if a student does not explicitly accept or reject the result within the deadline set by the university administration, the written exam grade will be officially recorded. No later complaints will be accepted.

The grades of all students who participated in the exam (both written and optional oral) will be officially recorded together, after the completion of the optional oral exams. Until then, for technical reasons, it will not be possible to register for the next written exam session. However, after the oral exams, a sufficient time window will always be provided for new registrations. Therefore, students are kindly asked not to contact professors or administrative offices to request an early "unlock" for the next exam registration.

Students who register for an exam session (written) and later decide not to attend are strongly encouraged to cancel their registration.

## **Office hours**

On request by email ([cristina.caldirola@unimib.it](mailto:cristina.caldirola@unimib.it)).

## **Programme validity**

Two academic years.

## **Course tutors and assistants**

Dr. Silvia Sarandacchi

Dr. Ilaria Terrenghi

Dr. Luca Morganti

Tutor: Dr. Lanza Martina

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS

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