

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Psicologia Clinica di Comunità

2425-2-E1901R144

#### Course title

**Clinical and Community Psychology** 

#### Topics and course structure

#### **Course presentation**

The Community Clinical Psychology course deals with the application of the clinical-psychological approach to community contexts. The term "community" is understood here in a dual sense: a) on the one hand, it refers to institutions operating in the social sphere (e.g., educational services for children and families, residential communities, temporary shelters, residential facilities, etc.); b) on the other hand, it has a broader meaning referring to a "socio-cultural group" characterized by peculiar dynamics.

The course aims to address, from the perspective of critical and radical theories, post-colonial thought, and liberation theories, the description and explanation of individual and collective psychological processes in contexts characterized by poverty, social suffering, political and military violence, with reference to the various related intervention modalities, specifically focusing on the analysis of contexts and the multicultural variables present in them.

In the monographic part, some models of transcultural psychological intervention are presented, with particular attention to radical feminist approaches, anti-psychiatry, psychology of the oppressed, and liberation psychology.

Seventy-five percent of the lessons are lecture-based, while twenty-five percent will involve classroom discussions, case presentations, group work, and exercises (Interactive Teaching).

No remote lessons are planned.

# **Objectives**

- Knowledge and Understanding
   Students will acquire basic knowledge of the main theoretical frameworks in clinical psychology and the related intervention methods, enabling them to understand and integrate these within effective educational and training design aimed at community and multicultural contexts.
- Ability to Apply Knowledge and Understanding
   Students will gain basic skills to apply fundamental tools and conceptual categories derived from clinical
   psychology to the educational and training design aimed at community and multicultural contexts.
   Specifically, the basic criteria will be provided for:
  - a) analyzing various contexts and identifying the various figures operating within them;
  - b) recognizing and using operational tools useful for designing educational and training interventions aimed at individuals, families, and social groups in community and multicultural contexts.

#### Methodologies

Interactive (75%) and class-based (25%)lectures

in vivo experiencing

Thematic workshops held by national and international experts

# Online and offline teaching materials

slides;

video-recorded lectures

Students are invited to ask for membership at the Facebook close group

https://www.facebook.com/groups/534875166626926

#### **Programme and references**

- Definition of Community and Community Care in Daily Life
- Foucault and the Historical/Genealogical Approach in the History of Madness
- The Legacy of Franco Basaglia in Social Psychiatry
- · Community Clinical Psychology from an Anticolonial Perspective

- Critical Clinical Psychology Applied to the Community
- · Critical and Postcolonial Studies
- · Gender Studies and Intersectionality
- Migration and Community Work
- Psychology of Trauma and Resilience
- Systemic Narrative Approach and Community Clinical Work
- Psychology of Liberation

#### **Bibliography**

Ignacio Martin-Baró, 2018. Psychology of Liberation. Bordeaux Choose one of the following books:

Samah Jabr, 2021. Sumud. Resisting Oppression. Sensibili alle foglie

Samah Jabr, 2019. Behind the Fronts. Chronicles of a Psychiatrist and Psychotherapist under Occupation. Rome, Sensibili alle foglie.

bell hooks, Maria Nadotti, 2020. Yearning: Race, Gender, and Cultural Politics. Tamu Editions

Nicola Perugini, Neve Gordon. The Human Right to Dominate. Nottetempo

Karima Lazali, Colonial Trauma. Astarte Editions

#### Assessment methods

The final exam for both attending and non-attending students consists of a written test (1 open-ended question, 5 multiple-choice questions, and 3 short-definition questions), with an optional oral exam at the student's discretion. The written test is considered passed if the student scores at least 18/30. Students cannot take the optional oral exam unless they have passed the written test. The written test is valid for one academic year, after which, if the exam is not recorded, the test must be retaken. The optional oral exam can only be taken during the same exam session as the written test.

Students can replace the test with an essay produced at the end of the course, choosing, if necessary, the course bibliography or an alternative bibliography agreed upon with the instructor. Only group essays are allowed (no fewer than 3 and no more than 8 students per group).

The exam will cover topics from the bibliography and teaching materials available on e-learning.

The criteria used to evaluate the exam are:

- a) The relevance of the answers to the questions posed in the written and any oral test
- b) The ability to make relevant connections between the various topics of the course
- c) The precision and correctness (including linguistic and formal) of the presentation
- d) The ability to critically elaborate on the acquired knowledge and apply it in community and transcultural clinicaleducational contexts

3 Sections:

Section 1: 5 multiple-choice questions (10 points)

Section 2: 3 short-definition questions (10 points)

Section 3: 1 open-ended question (10 points)

Note: Students who consistently participate in course activities can replace the exam with a paper (individual or group) agreed upon with the instructor (autoethnography + group work).

#### Office hours

Monday 8.00 am-10.00 am on an appointment

Writing an e-mail to guido.veronese@unimib.it

# **Programme validity**

1 academic year

#### Course tutors and assistants

#### **Tutor**

forthcoming

#### **Instructors**

forthcoming

### **Sustainable Development Goals**

ZERO HUNGER | GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES