UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Life-Span Developmental Psychology

2425-2-E1901R128

Course title

Life cicle psychology

Topics and course structure

The development of the main psychological dimensions (cognitive, linguistic, affective, emotional, social and moral) will be discussed in the light of the most important theoretical models and the potential implication in educational contexts throughout life, from infancy to the old age.

Objectives

The course aims at introducing students to the theoretical models of developmental psychology, considering the psychological development as a complex and multidimensional process engaging the person through the life cycle.

Methodologies

The course will be mainly lecture-based (80%), with also interactive teaching (20%).
In addition to lectures, some brainsotrming activities and classroom exercises will be offered.
56 will be face-to-face and 14 asynchronous.

Online and offline teaching materials

Slide, video

Programme and references

1. Caravita, Milani, Traficante (Eds., 2024), Psicologia dello sviluppo e dell'educazione. Il Mulino, Bologna (except the following chapters: IX, X,XII,XIII, XV).
2. De Beni, Borella (2015), Psicologia dell'invecchiamento e della longevità. Il Mulino, Bologna (study only the following chapters: I, II, III, V, IX, X, XI).
3. One book of your choice (the list of books to choose from will be provided at the beginning of the course).
4. Slides

A BIBLIOGRAFY IN ENGLISH WILL BE PROVIDED FOR INTERNATIONAL STUDENTS

Assessment methods

The exam will consist of a written test.
The knowledge of the arguments, the ability to use a specific language, and the ability to relate all the issues will be evaluated.

Office hours

By appointment (veronica.ornaghi1@unimib.it)

Programme validity

2 academic years

Course tutors and assistants

Alessia Agliati, Elisa Brazzelli, Sabina Gandellini

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING