



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Pratiche Filosofiche

2425-1-F8501R009

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#### Course title

Philosophical practices: Philosophical Life, creativity, *ethos*

#### Topics and course structure

How can we cast light on the relationship between life and thought according to ancient Greek philosophy? How are philosophy, action (*praxis*), experience, and creativity intertwined in this inaugural epoch? How are we to understand the human being itself as the fruit of an architectonic, formative process?

This course focuses on philosophy as a body of formative practices and philosophical-spiritual exercises. In the systematizations of the late ancient schools as well as the Platonic-Aristotelian reflection, philosophy understood in its originally practical dimension casts light on the crucial problems of pedagogical processes and therapeutic relationships alike.

The course is taught in Italian.

#### Objectives

Developing: 1) reading and interpretive abilities; 2) capacity for autonomous articulation; 3) critical and dialectical skills; 4) self-awareness and formative abilities; 5) listening and dialogical ability in pedagogical/analytical contexts.

## Methodologies

Lectures and discussion (both plenary and in small groups) in equal measure. The course will include corporeal practices as well as the fruition of works of art (movies, music, poetry, etc.).

During the semester we will also welcome the philosophical contribution from outside guests.

## Online and offline teaching materials

During the semester, materials in various formats will be posted on the homepage of this course, regarding themes addressed in the lectures.

## Programme and references

This year the course will focus on the nexus between philosophical life and embodiment (meditation and sensibility, thinking and animality) and will address the intertwined themes of the origin of philosophy, the exploration of human potentiality, and the reflection on being in the world.

Aristotle, *Nicomachean Ethics*

Aristotle, *Poetics*

Claudia Baracchi, *Aristotle's Ethics as First Philosophy*, Cambridge UP

Claudia Baracchi, *Friendship: The Future of an Ancient Gift*, Indiana UP

## Assessment methods

- Oral exam, in Italian, or English, or French
- Evaluation criteria: Clarity of exposition, Adequate knowledge of themes and reading assignments, Capacity for critical analysis and interpretation
- No mid-term exam
- The exam will include a reading exercise, a thematic exposition, and critical assessment of a theme addressed

Although this course will be held in Italian, for Erasmus students the course materials will also be available in English or French. Erasmus students will then be able to take the exam in English or French if they wish to do so.

## Office hours

By appointment.

## **Programme validity**

2 years.

## **Course tutors and assistants**

Dr. Luca Grecchi

Dr. Elena Bartolini

Dr. Andrea I. Daddi

Dr. Laura Rosella Schluderer

Dr. Alice Venditti

## **Sustainable Development Goals**

GENDER EQUALITY | PEACE, JUSTICE AND STRONG INSTITUTIONS

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