

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **SYLLABUS DEL CORSO**

# Internato in Reparto di Gnatologia 1

2425-3-H4601D062

#### **Aims**

To learn the basic skills to approach the athlete in an interdisciplinary way, with particular attention to the functional, traumatological, management of the oral ecosystem and performance

#### **Contents**

The functional and metabolic aspects characteristic of the stresses to which an athlete is subjected are analyzed, from the traumatological, gnathological, preventive, and performance point of view.

## **Detailed program**

Sports history, clinical examination, stomatognathic function, joint pathology, muscular disharmony, descending and extra-abnormal interferences, instrumental evaluations, mouthguards, bite, management of the oral ecosystem, hydration and nutrition, performance aspects, management of the patient with facial trauma

**Prerequisites** 

**Teaching form** 

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## Textbook and teaching resource

Odontoiatria e Sport, E. Spinas et al., Edi Ermes

## Semester

Second semester

#### **Assessment method**

Constant and participatory attendance of the course.

## Office hours

Thursday morning and friday afternoon

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING