UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Posturology in Gnathology and Sport

2425-2-H4601D052

Aims

To learn the basic skills to approach the athlete in an interdisciplinary way, with particular attention to the functional, traumatological, management of the oral ecosystem and performance

Contents

The functional and metabolic aspects characteristic of the stresses to which an athlete is subjected are analyzed, from the traumatological, gnathological, preventive, and performance point of view.

Detailed program

Sports history, clinical examination, stomatognathic function, joint pathology, muscular disharmony, descending and extra-abnormal interferences, instrumental evaluations, mouthguards, bite, management of the oral ecosystem, hydration and nutrition, performance aspects, management of the patient with facial trauma

Prerequisites

Teaching form

lecture with slides

Textbook and teaching resource

Odontoiatria e Sport, E. Spinas et al. , Edi Ermes

Semester

Second semester

Assessment method

Constant and participatory attendance of the course.

Office hours

Thursday morning and friday afternoon

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING