



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Psychiatry I

2425-5-H4102D032-H4102D131M

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#### Aims

The aim of this course is to provide the students with the basic information on epidemiology, symptoms, and classification of main mental disorders.

#### Contents

This course provides a comprehensive overview on epidemiology, symptoms, and classification of main mental disorders.

#### Detailed program

- Signs and symptoms of mental disorders
- Classification of mental disorders
- Schizophrenia
- Depression
- Personality and personality disorders
- Alcohol and substance misuse
- Reactions to stressful experiences
- Psychological and psychosocial interventions for severe mental disorders
- Eating disorders

## **Prerequisites**

## **Teaching form**

Teaching will be based on frontal lessons (didattica erogativa – DE). Each Lesson (n = 10) will last 2 hours and will be provided in-person.

## **Textbook and teaching resource**

- Shorter Oxford Textbook of Psychiatry (7 edn). Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel. Publisher: Oxford University Press Print Publication. Date: Oct 2017 Published online: Jan 2018. Print ISBN-13: 9780198747437. DOI: 10.1093/med/9780198747437.001.0001
- Slides delivered in the e-learning platform

## **Semester**

Year 5, semester I.

## **Assessment method**

Oral exam assessing the student's global learning about epidemiology, symptoms, and classification of mental disorders, within the overall exam of Neuroscience 2.

## **Office hours**

Appointments by email: [giuseppe.carra@unimib.it](mailto:giuseppe.carra@unimib.it)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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