UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Behavioural Sciences, Communication Skills II

2425-2-H4102D013-H4102D040M

Aims

Knowing the phases of the transtheoretical model of change and itsa plication to clinical situations

Knowing how to describe the placebo effect in relational context and the mechanisms through which it acts.

Knowing the phases of the motivational interview; be able to recognize and use the principles of motivational interview in a simulated interview

Contents

Theretical models of behavioral change in healthcare, The placebo effect in the care relationship, subjective illness perception, the transtheoretical model of change, the Motivational Interview

Detailed program

Definitions of placebo and nocebo effect both in relation to treatments and in relational terms; implications in the use of placebo for the relationship with the patient; different mechanisms through which the placebo and nocebo effect act.

The behavioral change in healthcare.

Basic principles of motivational interview; the thransteoretical model of change, the five phases of the model of change (precontemplation, contemplation, preparation, action, maintenance).

Prerequisites

Teaching form

The course is structured into five 2-hour lessons, with a frontal lecture in the first part. The subsequent part aims to involve students interactively through group discussions of professional situations, the compilation of questionnaires to reflect on one's professional approach (using wooclap), small group work, and role playing. All activities are carried out in presence.

Textbook and teaching resource

In-depth and supplementary materials will be uploaded to the module's e-learning page (including videos, PDF documents, and presentations used in lessons).

Semester

second term

Assessment method

The final test measures the level of knowledge, the level of inductive and deductive reasoning, and problem solving ability.

It includes discussion of problems, analysis of clinical cases and open conceptual questions

The score will contribute to the overall evaluation of the integrated course

Office hours

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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES