



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Clerkship 8

2425-5-H4102D034

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#### Aims

The aim of the Clerkship 8 (subdivided in 6 sections: Neurology, Neurosurgery, Biosensor and monitoring, Clinical Psychology, Psychiatry and are:

To recognize signs and symptoms of neurological disorders through deep knowledge of physiopathology and semeiology of nervous system dysfunction.

- To learn the nosology and clinical expression of the main neurological diseases.
- To learn the principles of neurological localization through the application of semeiotics in the main CNS and PNS neurosurgical conditions.
- To integrate the knowledge coming from history, semeiotics and diagnostic tests to formulate the etiologic diagnosis of the main neurosurgical conditions.
- To understand the process of elaboration of the diagnostic-therapeutic pathways both in elective and emergency cases and the meanings and limits of the available diagnostic tests in neurosurgery.
- To integrate the theoretical neuroanatomic knowledge with the topographic and surgical anatomy of the operative scenario.
- To understand the multidisciplinary integration of operative neurosurgery with ENT and Maxillo-Facial surgery for specific borderline pathological conditions.
- To understand the design and development of a data acquisition system. To provide knowledge on different tools and methods for collecting biomedical signals and extracting patient characteristics of interest.
- To present possible clinical applications by discussing some use cases, focusing in particular on the study of bio-parameters from patients with central nervous system disorders
- • To learn the principles of clinical psychology and neuropsychology in a Hospital setting
  - To integrate the knowledge coming from history, semeiotics and multifactorial assessment of the main psychological and neuropsychological disorders
- To learn when to refer a patient for a psychological or a neuropsychological consultation
- To provide students with the skills necessary to: conduct a thorough psychiatric interview and collect a comprehensive history, i
- To formulate differential diagnostic hypotheses based on clinical history and psychiatric findings;

- To identify and prioritize additional diagnostic tools, integrate the collected data to deliver an accurate psychiatric diagnosis;
- to determine the most appropriate therapeutic options for the patient, with a focus on precision psychiatry; clearly communicate the treatment plan to both the patient and caregivers, outlining the course of care.

## Contents

The course will provide elements to collect an adequate medical history, including family history, to perform a complete neurological and psychiatric evaluation or formulate the differential diagnostic hypotheses, to identify the appropriate exams to be performed and the priority of their execution, to refine the ability to interpret the results and their congruity with the patient's clinical history, to integrate the data in order to formulate an etiological diagnosis and set the appropriate therapy with attention to the risk / benefit balance of the proposed therapeutic choices.

Particular attention will also be given to the aspects of communication to the patient and his/her family in compliance with privacy laws.

The main indications for the use of instrumental investigations complementary to the discipline, both morphological (CT, MRI, PET, Cerebral Scintigraphy, Neuromuscular Ultrasound, Doppler and ECO-Doppler TSA and Transcranial) and functional (Electromyography, Electroencephalography and Evoked Potentials) will be provided. The methods of execution and preparation for individual investigations, with practical demonstration for neurophysiological methods. From the spontaneous biological electrical signal to the provoked one. Creation of a decision-making algorithm: starting from the symptom/patient, what are the optimal paths and times for individual pathology.

## Detailed program

The following main pathologies of the Central and Peripheral Nervous System will be addressed from the clinical, surgical and diagnostic perspectives: acute cerebrovascular diseases (ischemic strokes, cerebral hemorrhages, cerebral venous thrombosis), degenerative diseases (Alzheimer's and other dementing diseases; Parkinson's and other movement disorders; Amyotrophic Lateral Sclerosis and other motor neuron diseases); inflammatory diseases of the Central Nervous System (multiple sclerosis, neuromyelitis optic spectrum diseases); encephalopathies / encephalitis (toxic, dysmetabolic, autoimmune, infective, paraneoplastic); diseases of the neuromuscular junction (myasthenia and myasthenic syndromes); diseases of the peripheral nervous system; epilepsy; headache and cranial neuralgias; sleep disorders; syncope and diseases of the vegetative nervous system.

For clinical Psychology, the course will include: evaluation of clinical cases in Hospital and extra-Hospital setting (Centro Bambino e Famiglia\_CBF e Consultorio Familiare). The internship in the Hospital will include a discussion of common psychological disorders related to acute or chronic illness (e.g., mood and anxiety disorder, adjustment disorder, post-traumatic stress disorders). In the extra-Hospital context the discussion of clinical cases will be on children violence and abuse (CBF) and on patients involved in the birth path (pre-conceptional counseling, pregnancy, puerperium), with procreative difficulties, difficult family relationships, couple problems and emotional difficulties.

The clinical Neuropsychology path will include the clinical assessment of neuropsychological disorders following Acquired Brain Injury, such as Traumatic Brain Injury, Stroke, Arteriovenous Malformation, Aneurysm, Encephalitis, Encephalopathy, Brain Tumor, Neurodegenerative disorders

For Psychiatry, the course will cover

- Psychiatric interview
- Mental State Examination (vigilance, consciousness, orientation, intelligence, attention, memory, appearance and behaviour, speech, thought, perception, affectivity, impulsivity, volition, insight)
- Schizophrenia spectrum disorders
- Depressive Disorders

- Bipolar and related Disorders
- Anxiety Disorders
- Obsessive-Compulsive and related Disorders
- Trauma- and Stressor-Related Disorders
- Somatic Symptom and related Disorders
- Substance-related and Addictive Disorders
- Personality Disorders
- Neurocognitive Disorders
- Emergencies in Psychiatry

The basic knowledge about standard sensors used to measure and monitor biological parameters. The program explores a typical data acquisition and processing system, focusing on wearables-based systems will be also provided. A laboratory experience allows the students to put their hands on a system used for the discrimination between different tremors deriving from different neurological pathologies.

## **Prerequisites**

Knowledge of the neuroanatomy and physiology of the Nervous System. Neuroscience 1. Basic knowledge of physics, mathematics and electronics. Knowledge of Image diagnostics.

## **Teaching form**

Students will be divided into small groups of 3-4 students who will rotate in the different clinical areas: ordinary hospitalization, stroke unit, neurophysiology, first level outpatient clinic, second level outpatient clinics, emergency room. Students will be invited to personally collect the anamnesis and discuss it with their tutor, as well as to perform the clinical objective examination in the presence of the tutor who will guide them in the execution and interpretation of the results based on neurological semiotics. Diagnostic hypotheses and indications for the tests to be prescribed will be discussed together with the tutor.

Revision of images and reports during patients' experience in neuroradiology and nuclear medicine.

Laboratory and frontal small group lesson.

## **Textbook and teaching resource**

Manuscripts, guidelines, slides.

## **Semester**

2nd

## **Assessment method**

End of Clerkship evaluation, includes: >70% attendance and confirmation by the tutor of the required practical skills.

## **Office hours**

by appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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