UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Psychiatry

2425-5-H4102D034-H4102D141M

Aims

The aim of the course is to provide students with the skills necessary to: conduct a thorough psychiatric interview and collect a comprehensive history, including family history; perform a mental state examination effectively; formulate differential diagnostic hypotheses based on clinical history and psychiatric findings; identify and prioritize additional diagnostic tools, such as brain imaging techniques, biohumoral, neuroendocrinological, and neurophysiological tests; integrate the collected data to deliver an accurate psychiatric diagnosis; determine the most appropriate therapeutic options for the patient, with a focus on precision psychiatry; clearly communicate the treatment plan to both the patient and caregivers, outlining the course of care.

Contents

A comprehensive overview of psychopathology, diagnosis, pharmacological and non-pharmacological treatments of the main psychiatric disorders.

Detailed program

- Psychiatric interview
- Mental State Examination (vigilance, consciousness, orientation, intelligence, attention, memory, appearence and behaviour, speech, thought, perception, affectivity, impulsivity, volition, insight)
- Schizophrenia spectrum-disorders
- Depressive Disorders
- Bipolar and related Disorders
- Anxiety Disorders
- Obsessive-Compulsive and related Disorders

- Trauma- and Stressor-Related Disorders
- Somatic Symptom and related Disorders
- Substance-related and Addictive Disorders
- Personality Disorders
- Neuricognitive Disorders
- Emergencies in Psychiatry

Prerequisites

Neuroscience I

Teaching form

The students will be divided into small groups of 5-6, and it will be asked them to rotate in different clinical psychiatric settings: Psychiatric Inpatients Unit, Day-Hospital, Emergency Room, Psychiatric Outpatient Unit and Day Care. Learning will be based on lectures, problems (problem-based learning) and clinical cases (case-based learning). The tutoring system will be 1:1. The student will be both a clinical observer and a supervised performer (tutor).

Textbook and teaching resource

- Shorter Oxford Textbook of Psychiatry (7 edn)
  Paul Harrison, Philip Cowen, Tom Burns, and Mina Fazel
  Publisher: Oxford University Press Print Publication
  Date: Oct 2017 Published online: Jan 2018
  Print ISBN-13: 9780198747437
  DOI: 10.1093/med/9780198747437.001.0001
- American Psychiatric Association (Ed.). (2022). Diagnostic and statistical manual of mental disorders DSM-5-TR (Fifth edition, text revision). American Psychiatric Association Publishing.
- Taylor, D. M., Barnes, T. R. E., & Young, A. H. (2021). The Maudsley prescribing guidelines in psychiatry (14th ed.). John Wiley & Sons.

Semester

Year 5, semester I

Assessment method

Before being allowed to sustain the oral examination the student should meed the following requirements:

- 80% of attendance to the Clerckship 8
- Approval from the tutor of the acquisition of the required skills
  The oral examination shall be carried out by a multidisciplinary team of teachers belonging to Clerkship 8. To the students, divided into groups of about 10, will be asked to prepare and deliver a power point presentation on trasversal topics to the Clerkship (of about 30 minutes of duration) that explores definition, clinical presentation, differential diagnosis, diagnostic tests and therapeutic approaches.

Office hours

Appointment by email:
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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY