

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Psichiatria

2425-5-H4101D026-H4101D102M

# Aims

Learning basics related to mental health and their application to clinical context. A special attention will be payed to gender differences. An innovative didactive approach is present with periodal discussion of clinical cases among different professionals

# Contents

Learning basics related to mental health and their application to clinical context.

# **Detailed program**

PSYCHIATRY - Obtainment of general knowledge, basic specialized concepts and theoretical models of reference which qualify diagnostic orientation, clinical approach and therapeutic routine in psychiatry. Acquisition of fundamental elements of psychopathology and clinical psychiatric in its diagnostic, therapeutic, rehabilitative and preventive aspects regarding the most different mental disorders.

### **Prerequisites**

In the curriculum, there are no prerequisite exams.

## **Teaching form**

Lectures (n=16) and interactive teaching with discussion of documentary material (n=2); use of audiovisual instruments about experiences of disease and about treatment appointments and locations.

#### **Textbook and teaching resource**

PSYCHIATRY: a) DSM 5. Raffaello Cortina, Milano, 2014; b) DSM-IV-TR MG. Manuale diagnostico e statistico dei disturbi mentali per la Medicina generale. Masson, Milano, 2002; c) American Psychiatric Association. Linee guida per il trattamento dei disturbi psichiatrici. Quick Reference. Raffaello Cortina, Milano, 2015; d) American Psychiatric Association. Casi Clinici. Masson, Milano, 2015.

#### Semester

5 Year - 1 Semester

#### **Assessment method**

Oral test: clinical case discussion and in-depth on psychopathologies treated during frontal lessons

### Office hours

PROFESSOR OFFICE HOURS - Prof. M. Clerici, Villa Serena/U38 c/o SPDC - by appointment only: massimo.clerici@unimib.it

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY