



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Tirocinio Professionalizzante Area Medica 1f

2425-3-H4101D259-H4101D144M

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#### Aims

The aim of the training course in Clinical Area 1 is to offer the student the possibility to learn, at patient's bedside, how to professionally interact with them, how to correctly collect the patient's medical history data and how to properly perform a physical examination. This training period aims at guiding the students through the different phases of the diagnostic/therapeutic process in the different areas of internal medicine. The training program is performed with the help of tutor, who will guide the students through the steps of this process.

#### Contents

To carry out a medical investigation, to make a critical argument as regards the laboratory tests, to apply the dialogue skills with the patients while taking a medical history, to learn how to establish a good relationship with the patient, to learn how to perform an accurate physical examination, to learn how to comply with criteria of professional deontology.

Particular attention will be paid to gender relationship with the above mentioned argument.

#### Detailed program

To carry out a general physical examination, carry out critical reasoning in relation to laboratory tests, apply the techniques of interviewing the patient, learn to establish a correct relationship with the patient, learn to use correct criteria of professional ethics.

Learn to formulate a correct anamnesis in its various components, and to set up discharge letters, certifications and clinical reports, including outpatient ones, if there is the opportunity.

Interact with the tutor to improve their skills in the field of semeiology, obtaining and improving the skills of diagnosis and clinical evaluation, in particular with regard to the chest, i.e. the respiratory system, the

cardiovascular system, the measurement of pressure and heart rate , arterial saturation.

Learning of the clinical methodology of patient evaluation; learning of the modalities of action and relationship with the patient, his family, ward staff; learning the rules of the doctor's life both in hospital NHS and NHS MMG; relationship with nursing, OS, OTA, administrative staff; hints of national SSN contract.

Gender: to analyze and evaluate with a medical and scientific approach and in a gender based view with the aim to improve not only the knowledge on aspects determining gender differences but also the appropriateness of medical intervention in order to give higher attention on anamnestic, instrumental and laboratory data in relationship to patients gender.

## **Prerequisites**

Knowledge of the introductory courses indicated in the degree course regulation

## **Teaching form**

Interactive teaching and internship in attendance.

## **Textbook and teaching resource**

The use of phonendoscope is required, no specific teaching material is provided

## **Semester**

Third year, I and II semester

## **Assessment method**

Traineeship frequency

## **Office hours**

On appointment by e-mail

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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