



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Medicina del Lavoro

2425-4-H4101D263-H4101D085M

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#### Aims

The aims of the course are:

- To learn the basic elements of the Occupational Medicine and of the prevention system in workplaces;
- To know the main risks in workplaces and their work-related diseases;
- To diagnose or to suspect the presence of an occupational disease;
- To know duties for physicians in case of injury and occupational disease.

#### Contents

The course provides students with knowledge and skills related to prevention and health protection in workplaces, occupational diseases, and duties in case of injury and occupational disease.

#### Detailed program

- Introduction to the Occupational Medicine and regulatory framework
- Basic notions of prevention and classification of risk factors
- General and specific toxicology

- Occupational cancers
- Diseases caused by physical agents (noise, vibration, micro climate, ionizing and non-ionizing radiation)
- Diseases caused by biomechanical overload of vertebral column and upper limb
- Work-related respiratory diseases
- Work-related skin diseases
- Ergonomics and risk of working with display screen equipment
- Pregnancy and work
- Work-related stress
- Specific risks for healthcare workers (i.e. biological risk)
- Work history
- Duties for physicians in case of injury and occupational disease

## **Prerequisites**

No prerequisites

## **Teaching form**

12 lectures of 2 hours each held in-person;  
2 lectures of 4 hours each conducted interactively remotely (e-tivity);  
1 interactive lecture of 4 hours conducted interactively in-person.

During the lessons, the teacher promotes discussion among students on problems related to the occupational medicine, involving students on these issues.

The language is Italian.

## **Textbook and teaching resource**

- 1) Bertazzi PA. Medicina del Lavoro. Milano: Raffaello Cortina Editore, 2013
- 2) Learning material provided by the teacher

## **Semester**

Second semester, 4th year

## **Assessment method**

see the general Syllabus of the Course

## **Office hours**

By appointment requested by e-mail  
michael.belingheri@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | DECENT WORK AND ECONOMIC GROWTH

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