

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

## Tirocinio Professionalizzante Area Medica 2

2425-4-H4101D328

#### **Aims**

The objective of the Medical Area 2 internship is to consolidate the foundations already acquired in the Medical Area 1 internship. The training program includes teaching at the patient's bedside aimed at increasingly deepening the interaction skills with the patient himself for a correct collection of the medical history and refine data collection skills through thorough objective examination. It is also planned to lay the foundations for the acquisition of 360° patient management, a method which will then be further strengthened in the subsequent internship. The internship is carried out with the support of a tutor who guides the student in the knowledge of the diagnostic-instrumental procedures carried out directly at the patient's bedside and follows the treatment process from hospitalization to discharge.

#### **Contents**

In line with the basics learned in the Medical Area Internship 1, the student will deepen and refine the ability to perform a general objective examination, carry out critical reasoning relating to laboratory tests, apply interview techniques with the patient, learn to establish a correct relationship with the patient, learning to use correct criteria of professional ethics. Particular attention will also be paid to the relationship of the genre with what has been seen above.

The student will also learn how to draft medical records and discharge letters using the correct medical language and terminology in an increasingly precise and relevant manner.

## **Detailed program**

In-depth analysis and further definition of what was learned in the Medical Area Internship 1
Perform a general objective examination, carry out critical reasoning regarding laboratory tests, apply interview

techniques with the patient, learn to establish a correct relationship with the patient, learn to use correct criteria of professional ethics. Learn to formulate a correct medical history in its various components, and to prepare discharge letters, certifications and clinical reports, including outpatient ones if there is the opportunity. Interact with the tutor to improve one's skills in the field of semiology, obtaining and improving diagnosis and clinical evaluation skills, in particular with regards to the thorax, i.e. the respiratory system, the cardiovascular system, the measurement of blood pressure and heart rate, arterial saturation. Learning the clinical methodology of patient evaluation; learning the methods of action and relationship with the patient, his family, the department staff; learning the rules of life of the doctor both in the hospital NHS and GP NHS; relationship with nursing, OS, OTA, administrative staff; outline of the national NHS contract. Gender: analyze and evaluate pathologies with a medical and scientific approach from a gender perspective to improve not only knowledge on the various aspects underlying the differences but also the adequacy of the health intervention to stimulate greater attention to the collection of anamnestic, instrumental and laboratory data in relation to the patient's gender.

## **Prerequisites**

Theoretical knowledge of how medical history collection is carried out Knowledge of the main semiological maneuvers for general objective examination and for patient systems

## **Teaching form**

Interactive teaching and in-person internship.

### **Textbook and teaching resource**

The use of a phonendoscope is necessary, no specific teaching material is provided

#### Semester

fourth year, I and II semester

#### **Assessment method**

attendance

#### Office hours

By appointment to be requested via email to the teacher raffaella.delloro@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY