



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Substance and Behavioral Addictions

2425-4-H4101D296

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#### Aims

Know the role and organisation of addiction treatment services in Monza area. Understand the clinical, epidemiological and social implications of addiction

#### Contents

Neurobiology of addiction. Epidemiology of addiction. Social consequences of addiction. Prevention and treatment.

#### Detailed program

Addiction: neurobiology, definitions and clinical presentation, epidemiology, diagnosis, treatment options (including 12-steps programs).

Medical, social and relational complications of addiction.

Prevention strategies.

#### Prerequisites

4th year Medical Student and over.

## **Teaching form**

Lectures, video presentations; debate with patient association members  
Lessons will be provided in presence.

## **Textbook and teaching resource**

Papers distributed during the course

## **Semester**

Second Semester, May

## **Assessment method**

Attendance. Interactive verification at the end of the course

## **Office hours**

By appointment, arranged by e-mail  
giovanni.galimberti@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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