



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Feeding and Eating Disorders in Childhood and Adolescence

2425-5-H4101D302

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#### Aims

Provide a basic knowledge of the affective and relational values of nutrition in childhood and adolescence and of possible nutrition and eating disorders

#### Contents

Nutrition from birth onwards: affective and relational values.

Nutrition and eating disorders in developmental age

Analysing and evaluating symptoms and effectiveness of treatments, bearing in mind epidemiological and clinical differences between females and males

#### Detailed program

Nutrition from birth onwards: affective and relational values.

Meaning of food.

Disorders in early childhood: classification DC : 0-5

Nutrition and eating disorders:

arfid, anorexia, bulimia, binge eating

Insight into anorexia in adolescence

#### Prerequisites

Not required  
useful to have studied psychiatry

## **Teaching form**

in-presence lectures

## **Textbook and teaching resource**

slides, bibliographical references

## **Semester**

2nd semester

## **Assessment method**

attendance

## **Office hours**

By appointment to be agreed upon by e-mail  
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## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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