SYLLABUS DEL CORSO

Psicologia Clinica

2425-3-E3901N033

Learning area

Clinical Psychology

Learning objectives

Acquisition of knowledge around psychopathology, clinical psychology, the treatment of mental distress and the organization of mental health services. Students should be able to relate to those with a mental disorder and their caregivers and to communicate with other mental health professionals

Contents

- Historical background on clinical psychology and psychiatry
- Descriptive psychopathology
- Tools and approaches in clinical psychology and how to treat mental disorders

Detailed program

• Introduction to clinical psychology and historical background
• Developmental psychopathology: a descriptive point of view
• Attachment theory and its clinical developments
• Psychopathology in adults: a descriptive point of view

• Introduction to the psychodynamic/psychoanalytic understanding of psychological distress
• Introduction to defense mechanisms
• Treating psychological distress: psychotherapeutic approaches and organization of mental health services

Prerequisites

Capacity for learning and critical reasoning; capacity for oral communication

Teaching methods

Approximately 80% of the course will consist of lectures using slides and 20% of interactive teaching (presentation of clinical material and/or video material, encouraging students' active participation and critical discussion).

Assessment methods

Written examination (multiple choice questions) and short oral exam. Students will pass the written task with a score of 18/30 or higher. Both written and oral tasks may cover topics of the entire course.

Textbooks and Reading Materials

- Sanavio, E., Cornoldi, C. (2017). Psicologia Clinica. Il Mulino (third edition updated to the DSM-5)
- Supplementary materials provided by the lecturer (slides, articles or further readings)

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING